

Commission on Aging Regular Meeting Minutes  
July 14, 2014

Present: Philip Mountain  
John Whritner  
Joe Palazzo  
Ilene Harris  
Marge Caste  
Joan Bengtson

FILED IN EAST LYME  
CONNECTICUT  
July 16, 2014 AT 1:15 AM/PM  
Terley A. Blais  
EAST LYME TOWN CLERK

Absent: B. B. Smith

Also Present: Cathy Wilson, Senior Services Coordinator

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of July 14, 2014 to order at 5:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. Delegations. There were no delegations.

c. Approval of Meeting Minutes – June 9, 2014. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Meeting Minutes of June 9, 2014.

MOTION: John Whritner moved to approve the June 9, 2014 Commission on Aging Regular Meeting Minutes, as presented. Seconded by Mr. Palazzo. Ilene Harris abstained from voting. (5-0-1) Motion carried.

d. Correspondence. Ms. Wilson received a notice from Social Security that they are changing the way they have been delivering services. They are asking that we go on line or use a toll free number to verify benefits. This change will begin on August 1.

2. STATUS REPORT

a. Transportation. Ms. Wilson reported the three vehicles have been inspected. One required emission testing.

She was informed this morning from her full time driver that he needs medical attention. A gentleman who delivers mail to the High School and town is willing to fill in as a substitute Senior Center driver. He has a CDL license.

The Commission reviewed an Incident Report. There were no injuries.

b. Senior Trips.

(1) Enrichment Trips. The following Enrichment Trips were planned:

a. August 13 for a trip to the Creamery Brook Bison Farm in Brooklyn, Connecticut, with lunch on your own at Hank's in Plainfield. The trip fee is \$4.

b. August 27 for lunch at Lenny & Joe's Fishtale in Westbrook, with a stroll around Old Saybrook Point after lunch. The trip fee is \$4.

(2) Day/Overnight Trips. The following Day/Overnight Trips were planned:

a. August 12 to the Metropolitan Museum of Art and to The Cloisters in NYC. Lunch on your own. Trip fee \$86 pp.

b. September 7 for a Lighthouse Cruise of the Narragansett Bay in Rhode Island, with brunch included at the Quidnesset Country Club. The trip fee is \$88 pp.

c. September 23 to New York's Horticultural (High Line) Walk and New York Botanical Garden. Lunch on your own at Chelsea Market. Trip fee \$91 pp.

d. October 9 for a production of "South Pacific" at the Westchester Broadway Theatre in Elmsford, NY. Lunch is included. Trip fee \$104 pp.

e. October 23 for a trip to Mohegan Sun together with Lyme's Senior Center. Those attending will receive a casino package. The trip fee is \$20 pp.

f. November 6 to the Culinary Institute of America in Hyde Park, New York for a tour of the kitchen and a few tips on how to become a chef. Lunch is included at the Ristorante Caterina de' Medici. The trip fee is \$94.

g. December 11 for a trip to New York City for "Holiday Sparkle", which includes shopping at Byrant Park, lunch at Brazil and a two hour guided tour of the holiday lights with stops along the way. The trip fee is \$90.

h. October 7-9 to Moses at the Sight and Sound Millennium Theater in Lancaster, Pennsylvania for two nights at the Cork Factory Hotel. The trip fee is \$407 pp.

i. October 16-25 to see the Memorial of War: Normandy & Paris for ten days and 13 meals. This trip includes air fare. Prices start at \$3,849 pp (double occupancy). WAIT LIST ONLY.

c. Programs.

(1) Senior Nutrition Program. Ms. Wilson informed the Commission only ten meals are being ordered for the Bistro Program on Mondays.

On Tuesday through Friday the Senior Nutrition Program has from 4-6 people. She is considering an ice cream social, with discussion on the program, when she does energy applications.

Meals-on-Wheels is doing fine.

(2) Senior Center Programs-Ongoing. Ms. Wilson reported she now has two Chair Yoga classes on Friday. One is at 9:30 a.m. and one is at 10:30 a.m.

(3) Senior Center Programs – New. A Drama Club began last Thursday. She is considering dinner and play.

A retired broker is willing to do a Financial Health Program. Ms. Wilson is considering having other senior centers be invited to attend.

There will be a Car Fit Technical Program on August 2 in the Community Center parking lot from 9 a.m. to noon teaching how to adjust mirrors and seats to individuals.

Ms. Wilson would like to have a Pig Roast at McCook's Point Park at our Annual Picnic.

d. Budget - General Fund, Revolving Account. Ms. Wilson felt a few transfers may be needed.

e. Revenues - General Fund, Revolving Account. Ms. Wilson stated revenues are higher than what was projected. The Revolving Account is better than what was projected.

### 3. OLD BUSINESS

a. Expansion of the Senior Center. Ms. Wilson reported there is a plan to have a medical piece for employees with expansion at the Senior Center in order for the Town to get lower premiums. She would like the expansion for activities at the Senior Center. This plan will go before the Board of Selectmen at their August meeting.

b. Transportation Services. Ms. Wilson informed the Commission transportation services need changes. More disabled adults are using transportation services. We have reduced the number of individuals to 6 and we have limited the number of bags.

The Monday New London run has been reduced to 6 individuals. We now have a waiting list. She is considering two New London runs, one for medical and one for shopping.

d. Other Pertinent Business. There was no discussion of other pertinent business.

#### 4. NEW BUSINESS

a. Review of Day/Overnight trips for FY 13/14. Ms. Wilson reported from July 1, 2013 to June 30, 2014 we received \$322.29 for Day Trips and \$1,540.50 for Overnight Trips.

b. Review of Enrichment Trips for Fiscal Year 13/14. Ms. Wilson informed the Commission we lost \$75 on Enrichment Trips.

c. Bistro Program in Revolving Account. Ms. Wilson stated we lost \$333 on the Bistro Program.

e. Other Pertinent Business. Ms. Wilson will evaluate whether or not the second run on Mondays is worthwhile.

The wheel chair lift is being used more.

Ms. Bengtson suggested a computer person who has offered to teach seniors free of charge.

Ms. Harris suggested having a course on the use of new telephones.

Mr. Palazzo felt something should be done to stop scams. Ms. Harris suggested a town mailing.

#### 5. PUBLIC DISCUSSION

There was no public discussion.

#### 6. ADJOURNMENT

MOTION: Mr. Palazzo moved to adjourn the July 14, 2014 Commission on Aging Regular Meeting at 6:00 p.m. Seconded by Joan Bengtson. (6-0) Unanimous.

Respectfully submitted



Frances Gheri, Recording Secretary