

Commission on Aging Regular Meeting Minutes  
November 12, 2013

Present: Philip Mountain  
Ilene Harris  
John Whritner  
Marge Caste  
Joe Palazzo  
B. B. Smith

FILED IN EAST LYME  
CONNECTICUT  
NOV 14 2013 AT 11:00 AM PM  
*Jesley Arblais*  
EAST LYME TOWN CLERK

Also Present: Cathy Wilson, Senior Services Coordinator  
Dr. Si Baker-Goodwin

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of November 12, 2013 to order at 5:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. Delegations. Dr. Si Baker-Goodwin reported that her mother and father both had dementia and she is their only child. Ms. Wilson and her office staff were very helpful while she cared for her parents. It was crucial for her to have Ms. Wilson's help.

Her Dad is now in a nursing home, and her Mom now also has cancer. The Senior Center has been wonderful. She has joined the Weight Program at Gail Glenn's suggestion. She is very thankful to have a place to go to seek help. The Senior Center informed her about a Caregiver Support Group in Waterford which she took advantage of.

c. Approval of Meeting Minutes – October 13, 2013. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Meeting Minutes of October 13, 2013.

MOTION: Marge Caste moved to accept the October 13, 2013 Commission on Aging Minutes, as presented. Seconded by Joe Palazzo.  
(6-0) Unanimous.

d. Correspondence. There was no correspondence.

2. STATUS REPORT

