

Commission on Aging Regular Meeting Minutes
October 14, 2014

Present: Philip Mountain
John Whritner
Joe Palazzo
B. B. Smith
Marge Caste
Joan Bengtson

FILED IN EAST LYME
CONNECTICUT
OCT 16 2014 AT 11:20 AM/PM
(Joe Palazzo)
EAST LYME TOWN CLERK

Absent: Ilene Harris

Also Present: Cathy Wilson, Senior Services Coordinator

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of October 14, 2014 to order at 5:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. Delegations. There were no delegations.

c. Approval of Meeting Minutes – September 15, 2014. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Meeting Minutes of September 15, 2014.

MOTION: Joe Palazzo moved to approve the September 15, 2014 Commission on Aging Regular Meeting Minutes, as presented. Seconded by Ms. Caste. (4-0-1)
Ms. Bengtson abstained from voting. Motion carried.

d. Correspondence. There was no correspondence.

2. STATUS REPORT

a. Transportation. Ms. Wilson reported all vehicles have gone through quarterly inspection at the town garage. There were no issues.

She now has a full time driver, part time driver and three on call drivers.

Commission member B. B. Smith arrived.

Ms. Wilson discussed a small SUV that can accommodate wheelchairs she has seen at Stoneridge.

b. Senior Trips.

(1) Enrichment Trips. The following Enrichment Trips were planned: November 7th to the Annual Greek Food Festival at St. Sophia Hellenic Orthodox Church in New London with lunch on your own and some shopping afterwards. The trip fee is \$3.

November 12 to East Lyme High School Culinary Department for lunch at 11:15 a.m. There is no fee for this trip.

(2) Day/Overnight Trips. The following Day/Overnight Trips were planned: November 6 to the Culinary Institute of America in Hyde Park, New York for a tour of the kitchen and a few tips on how to become a chef. Lunch is included at the Ristorante Caterina de' Medici. The trip fee is \$94 per person.

December 11 for a trip to New York City for "Holiday Sparkle", which includes shopping at Byrant Park, lunch at Brazil and a two hour guided tour of the holiday lights with stops along the way. The trip fee is \$90 per person.

February 27 - March 9, 2015 for a no fly cruise out of New York City to the Sunny Caribbean with Norwegian Cruise Line "Gem". The cost starting at \$1,104 per person includes taxes.

c. Programs.

(1) Senior Nutrition Program.

The Commission was informed that the Monday Bistro Program is doing well.

All Meals-on-Wheels routes are covered.

(2) Senior Center Programs-Ongoing. All ongoing programs are doing well.

(3) Senior Center Programs – New. The Lions Club will have a free meatloaf dinner on October 23 at 6 p.m.

The Drama Club will have a staged reading with lunch on October 31 for a cost of \$8.

On November 5 the Lions Club will screen for diabetes from 9 a.m. to noon.

On December 8 at 1 p.m. Ledge Light will have a Fall Prevention Program.

On December 4 at 10 a.m. a research group trial study will be held on overactive bladders.

d. Budget - General Fund, Revolving Account. Ms. Wilson reported the General Fund, Revolving Account is doing well.

e. Revenues - General Fund, Revolving Account. Ms. Wilson stated revenues are doing well.

3. OLD BUSINESS

a. Expansion of the Senior Center. Ms. Wilson reported she has spoken to Mr. Formica, and there has been a change to the original plan.

b. Transportation Services. Ms. Wilson would like to prepare a survey on how to improve transportation services.

c. Other Pertinent Business. Ms. Caste discussed what is needed in order to have a walk in May as a fundraiser: registration forms, water, fruit, ID numbers, tables for volunteers, decide how money be collected, donations and raffles, and possibly incentives for children, if they walk as well as the need to clear it with Parks and Recreation and the Police. It was felt the walk is a good way for the general public to see how active seniors can be.

Mr. Whritner suggested considering tying this event with a national or state organization.

Ms. Bengtson suggested at first having only East Lyme residents participating, and in the future branching out to other towns.

It was felt that all Commission members need to volunteer for this event.

4. NEW BUSINESS

a. Budget Review for Fiscal Year 2014-15. Ms. Wilson would like to increase her full time driver's hours to 37 1/2 , because of the increased workload. Gail Glenn plans to retire next year and changes will be made to her job description.

Ms. Caste asked do doctor's appointments last more than an hour? Ms. Wilson replied this is not usually an issue.

b. Annual Report. Ms. Wilson gave a draft of her Annual Report to Commission members for review. There were no changes made.

Ms. Caste would like to see blood pressure taken at the Senior Center more often.

Commission member Mr. Whritner left the meeting.

c. Title VI Assessment. Ms. Wilson reported because the Town of East Lyme purchased a vehicle through DOT there is a Title VI Assessment. She attended Title VI training in Newington. She will inform her staff of its policies, have the policies placed in all vehicles, at the Town Hall, the Senior Center, and at senior housing sites.

MOTION: Ms. Bengtson moved to accept Connecticut DOT Title VI Assessment prepared by Ms. Wilson. Seconded by Mr. Palazzo. (5-0) Unanimous.

d. Twin Haven Request for Use of Senior Center Bus. They are no longer interested in using the Senior Center bus.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

MOTION: Mr. Palazzo moved to adjourn the October 14, 2014 Commission on Aging Regular Meeting at 6:00 p.m. Seconded by Joan Bengtson. (5-0) Unanimous.

Respectfully submitted

Frances Gheri, Recording Secretary