

b. Senior Trips.

(1) Enrichment Trips. The following Enrichment trips are planned: June 11 to Mohegan Park, Memorial Rose Garden in Norwich with lunch on your own at the Caddy Shack II and June 25 lunch at the Hideaway Restaurant in Old Lyme with a visit to the Florence Griswold Museum.

(2) COA Sponsored Trips. On July 20 to All-You-Can-Eat-Lobster and Comedy Show at the Delaney House in Holyoke, Massachusetts. The trip fee is \$72. On September 27 Come Fly With Me—a tribute to Frank Sinatra and other Italian greats at the Grand Oak Villa in Oakville, Connecticut. The trip fee is \$57.

(3) Day/Overnight Trips. The following day trips are planned: June 12 a Lighthouse Cruise in the Narragansett Bay, RI with Sunday Brunch at the Quidnesset Country Club. The trip fee is \$79; June 30 to Theater by the Sea to see "Man of La Mancha" with lunch at the Bistro by the Sea. The trip fee is \$72; Sunday July 17 a matinee performance of the Pops at Tanglewood featuring the music of Cole Porter. Keith Lockhart will be the conductor. The trip fee is \$100; July 28 for a Whale Watch from Boston, Massachusetts on a high speed catamaran with free time at Quincy Market afterwards. Lunch is not included in the trip fee of \$63. On August 11 to Thoroughbred Racing and Dinner in Saratoga, NY. Reserved grandstand seats at Saratoga Race Park. The trip fee is \$79. On August 23 to Stonewall Kitchen in York, Maine. The trip fee is \$88.

The following overnight trips are planned: August 22-24, 2011 for a three day 1000 Islands Castles and Sunsets in the St. Lawrence region of New York. Two nights and three days with a trip guide as you explore the area. Prices range from \$429 to \$589; September 2-12, 2011 for a Russian River Cruise featuring Moscow, red Square, St. Basil's Cathedral, Kremlin, Volga River, St. Petersburg, Hermitage Museum and Catherine Palace. Prices range from \$4,359 to \$4,459; October 16-19 for a four day trip to Colonial Williamsburg and Historic Jamestown in Virginia. Prices range from \$515 to \$800; November 9-16, 2011 discover the French Riviera featuring Nice, San Remo, Grasse, Rothschild Villa and Gardens, Monaco and more. Prices range from \$2,749 to \$3,179; January 19-February 1, 2012 for a No Fly Western Carribean Cruise with tours of Atlanta, Georgia and New Orleans, Louisiana. Prices range from \$1,899 to \$2,149 per person. On March 15-30, 2012 to treasures of Angkor Wat and Vietnam to Bangkok, Angkor Wat, Hanoi, Ho Chi Minh City and more with an optional two night Hong Kong post tour extension. Prices range from \$5,699 to \$6,599.

Ms. Wilson reported at present the trip fees are \$2.75 for a trip up to 20 miles; \$3 for trips between 20 and 40 miles and \$3.25 for a trip over 40 miles. Due to the increase in gas prices, Ms. Hardy suggested increasing the cost to \$3 for a trip of no more than 30 miles and \$5 for a trip over 30 miles.

MOTION: B. B. Smith moved that the fees for enrichment trip travel be \$3 for trips up to 30 miles and \$5

for trips over 30 miles. Seconded by Carrie Janus.
(5-0) Unanimous

c. Programs.

(1) Senior Nutrition Program. Attendance continues to be low for the congregate meals.

Since March Prime Time Café meals have been served one day per week. In March 66 individuals were served. In April 83 individuals were served. Since the beginning of May, twenty-one individuals were served. There has been a profit of \$100 for the Prime Time Café. Those attending seem to enjoy the option of soup and a sandwich and the flexibility of ordering the meals. If the Prime Time Café is expanded consideration needs to be given on who will take over if the Meal Site Coordinator is on vacation or whether or not this option will not be available during that period.

(2) Senior Center Programs-Ongoing. Ms. Wilson reported all ongoing programs are doing well.

(3) Senior Center Programs – New. Shred Day was held on May 7, and 7500 pounds of paper was shredded. Those taking advantage of it gave food donations for Care and Share.

The Walking Program began last week. Unless the numbers increase or a volunteer is willing to take over the program, this program will be eliminated. The Hiking Program with Waterford was tried, but there has been no interest from East Lyme. Golf will begin on Mondays at 9 a.m in June. Beach Yoga will begin in June. Zumba Gold will be held on Tuesdays until September. A Meditation Program is being considered for the fall.

d. Budget. Ms. Wilson reported the budget is doing well.

e. Revenues. Revenues are increasing.

3. OLD BUSINESS

a. Budget Request for Fiscal Year 2011/2012. Ms. Wilson reported the Annual Town Meeting will be held tonight. A Referendum on the budget will be held on May 19.

b. New Setup in the Senior Center. Ms. Wilson stated she would like to remove the Craft Room tables and put some tables presently in the meeting room in the Craft Room. Several non-profit groups use the meeting room in the evening. Tables can be brought into the meeting room as needed. She spoke to Ron Bence and the custodian about this.

Mary Broga felt this is a Senior Center and should be set up for seniors. Rose Ann Hardy agreed the basic function of the room is for seniors. If the furniture is moved there will be wear and tear to consider. The chairs do not stack and the tables are heavy.

c. Other Pertinent Business. There was no discussion of other pertinent business.

4. NEW BUSINESS

a. Volunteer Recognition Event. Ms. Wilson reported the Volunteer Recognition Event is planned for June.

b. Celebrate 90+ Event. The tea for East Lyme residents 90 and over will be held on Friday, May 13, at 1 p.m. Forty-three 90+ individuals are planning to attend. B. B. Smith offered her help.

c. Possible Expenditures from the Parahus Account. Cathy Wilson would like to purchase some items to improve the coffee area. Donations were made in memory of Betty York who enjoyed this area, and Ms. Wilson would like to these donations for that purpose.

She would like to have a flat TV screen to alert residents of upcoming activities. She would like to use the \$1500 in the Parahus Account from TVCCA for this purpose.

Rose Ann Hardy suggested a more modern TV for those individuals who enjoy movies at the Senior Center.

Ms. Janus felt the purpose of the Parahus Fund is to for the benefit of seniors.

d. Other Pertinent Business. There was no other pertinent business.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

MOTION: Carrie Janus moved to adjourn the May 9,

2011 Commission on Aging Regular Meeting at
7:00 p.m. Seconded by Mary Broga. (5-0)
Unanimous.

Respectfully submitted



Frances Ghersi, Recording Secretary