

Commission on Aging Regular Meeting Minutes
May 14, 2012

Present: Philip Mountain Also Present: Cathy Wilson
 B. B. Smith Senior Services Coordinator
 Carrie Janus
 Marge Caste
 Ilene Harris
 Mary Broga

FILED IN EAST LYME
May 15, 2012 AT 10:40AM

Brooke D. Haven AT
EAST LYME TOWN CLERK

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of May 14, 2012 to order at 6:00 p.m.

- a. Pledge of Allegiance. The Pledge of Allegiance was observed.
- b. Delegations. There were no delegations.
- c. Approval of Meeting Minutes – April 9, 2012. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Meeting Minutes of April 9, 2012.

MOTION: Mary Broga moved to accept the April 9, 2012 Commission on Aging Minutes, as presented. Seconded by Ilene Harris. Mary Broga abstained from voting. (5-0-1) Motion carried

- d. Correspondence. Correspondence was made available.

2. STATUS REPORT

a. Transportation. Ms. Wilson reported her part-time driver has returned from vacation. Senior Services is continuing to offer transportation to New London on the first and third Wednesday of the month. There are few individuals taking advantage of this transportation. The Monday New London run is usually a full bus. Ttransportation to New London on Monday and twice a month on Wednesday will be continued.

We have a recall for the lift on both of our new vehicles. The R-3 bus is scheduled to have the lift repaired on June 5 and it is expected to be repaired by June 7. The R-2 will be scheduled after June 7.

(1) Enrichment Trips. The following enrichment trips are planned: June 8 to the Chelsea Botanical Gardens for their Fifth Annual Butterfly Pavilion; lunch afterwards at The Caddy Shack II. The trip fee is \$3. Admission fee to the Butterfly Pavilion is separate; June 27 for a train ride on Essex Steam Train, with an ice cream stop afterwards. The trip fee is \$3. Admission to the train is separate.

(2) COA Sponsored Trips. There are no COA sponsored trips scheduled.

(3) Day/Overnight Trips. The following Day Trips are planned: June 14 for a visit to the Old Rhinebeck Aerodrome in Rhinebeck, N.Y. with a stop at the Millbrook Vineyard. The trip fee is \$90.00; June 28 to see "The Sound of Music" at Theater by the Sea and on your own in the Village of Wickford. The trip fee is \$58; July 3 Tall Ships & Gray Hulls for the upcoming Harborfest of 2012 in Boston, Massachusetts for a narrated up-close look at more than 30 Tall Ships, with lunch included. The trip fee is \$96; July 8 to see Bernadette Peters at a matinee performance at Tanglewood; July 26 to Newport, R.I. Wine & Sail for a narrated cruise of Newport Harbor and lunch at the Mooring Restaurant with a trip to the Newport Vineyards in the afternoon. The trip fee is \$96; August 7 for Highlights of the Hudson to enjoy the Walkway Over the Hudson, the longest pedestrian bridge in the world and for a Hudson River Cruise. The trip fee is \$90; August 23 to Rockport and Gloucester to shop and for a bite to eat. The trip fee is \$40; September 6 to the 911 Museum in New York City; September 19 to the Big E in Springfield, Massachusetts and September 29 to Waterfire in Providence, R.I.

June 19-21 to Cape Cod/Nantucket Island at a cost of \$399 per person for double occupancy; August 9-10 to Lake George and Saratoga Race Track for a cost of \$275 per person double occupancy; September 8-19 to National Parks of America (Grand Canyon, Bryce Canyon, Zion National Park, Yellowstone National Park and Mount Rushmore) for a cost of \$3,829 per person to \$4,879 per person; September 25-26 to Amish Country and the Millennium Theater production of "Jonah". The trip fee is \$279 per person for double occupancy; January 27-February 5, 2013 for an Eastern Caribbean Cruise on the Norwegian Gem. Prices range from \$1,319 to \$1,669; March 7-20, 2013 to The Plains of Africa-Kenya Wildlife Safari. Prices start at \$7,199 per person; April 19-May 1, 2013 for the Best of Portugal including the Islands. Prices begin at \$3,969.

c. Programs.

(1) Senior Nutrition Program. Senior Services directors were invited on May 9 to discuss the Senior Nutrition Program at Senior Resources. This program is constrained by federal regulations. Reservations need to be made 72 hours in advance. East Lyme has five or six taking advantage of these meals.

Many towns are cooking their own food, because the counts are very low. On Monday East Lyme serves soup and sandwiches and no reservations are needed. Twelve to twenty individuals are served.

Mary Broga asked if it was possible to continue Meals-on-wheels without the congregate meals? Ms. Wilson felt they can. Food programs may become a revenue stream for senior centers.

(2) Senior Center Programs-Ongoing. Ms. Wilson stated the Lions Low Vision and the VNA nurses managed clinics have a low attendance and since we switched the blood pressure clinic to the 4th Wednesday of the month, we have very few individuals coming.

The Celebrate 90 program was enjoyed by all who attended. One hundred and twenty attended.

(3) Senior Center Programs – New. Line dancing class is doing well. The class will end on June 20. The instructor would like it to be an ongoing class.

Monday night Bingo will start in June.

A dance was held last Friday and everyone seemed to enjoy it.

d. Budget. The budget is doing fine.

We began this month to work with the schools to order food and paper good. This should save time and money.

e. Revenues. Revenues are doing well.

3. OLD BUSINESS

a. Budget Request FY 2013. Ms. Wilson reported the Commission on Aging budget request for fiscal year 2013 has remained in tact. The Annual Town Meeting will be held at 7 p.m. tonight. The Referendum will be held next Thursday.

b. Volunteer Recognition Event. The Volunteer Recognition will be on June 20 in the evening.

c. Vacancy on the Board. Two individuals have expressed an interest on serving on this Board. The Board of Selectmen will appoint one of them.

e. Other Pertinent Business. There was no other pertinent business.

4. NEW BUSINESS

a. Possible Expenditures from the Parahus Account. Ms. Wilson would like to purchase a room divider and office furniture, using the \$4,000 from TVCCA for her administrative services on energy applications. Ms. Broga asked if the Town might have furniture she could use. Ms. Wilson did not feel it would suit her needs.

b. Other Pertinent Business. Ms. Wilson informed the Commission there has been discussion on a dental clinic to be held in a school during its April 2013 vacation. Volunteers will be needed.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

MOTION: Marge Caste moved to adjourn the May 14, 2012 Commission on Aging Regular Meeting at 6:45 p.m. Seconded by Ilene Harris. (6-0)
Unanimous.

Respectfully submitted



Frances Gheri, Recording Secretary