

Commission on Aging Regular Meeting Minutes
June 8, 2015

Present: Philip Mountain
Joe Palazzo
B. B. Smith
Ilene Harris
Marge Caste
Joan Bengtson
John Whritner

FILED IN EAST LYME
CONNECTICUT
June 9, 2015 AT 11:55 AM/PM
BROOK D. STAVINATE
EAST LYME TOWN CLERK

Also Present: Cathy Wilson, Senior Services Coordinator
Rose Ann Hardy, Ex officio

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of June 8, 2015 to order at 5:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. Delegations. There were no delegations.

c. Approval of Meeting Minutes - May 11, 2015. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Special Meeting Minutes of May 11, 2015.

MOTION: Joe Palazzo moved to approve the May 11, 2015 Commission on Aging Special Meeting Minutes, as presented. Seconded by Marge Caste. Joan Bengtson and John Whritner abstained from voting. (5-0-2) Motion carried.

d. Correspondence. There was no correspondence.

2. STATUS REPORT

a. Transportation.

Ms. Wilson reported the vehicles will go in for quarterly reviews. She stated transportation is very busy.

Ms. Wilson reported she received letter dated May 12, 2015 from George Myers of Seaspray Condo regarding its no honk policy.

b. Senior Trips.

(1) Enrichment Trips. The following enrichment trips are planned: July 8 to Oliver's Tavern in Essex for lunch with some time spent in downtown Essex. The trip fee is \$3; July 22 for an 11:30 a.m. cruise on the River Quest in Haddam, CT with a stop for ice cream afterwards. The trip fee is \$4. The cost for admission onto the boat is \$18.

(2) Day/Overnight Trips. The following Day/Overnight trips have been planned: July 2 to see "My Fair Lady" at the Theatre by the Sea in Matunuck, RI. Lunch is included for a trip fee of \$80 pp; July 9 All you Can Eat Lobster and musical performance by John Timpanel. The trip fee is \$94pp; August 4 for a guided "Corsets and Top Hats" tour of the Canfield House and the Marble House in Newport, R.I. Mrs. Astor will escort you and provide you with details of High Society living during the Gilded Age. Lunch is included. The trip fee is \$96pp; August 25 to Gloucester, MA on Privateer IV for a seven seas Whale Watch narrated by their outboard naturalist. Before the Whale Watch you'll eat in downtown Gloucester. The trip fee is \$84 pp; September 10 to Boston on your own for a trip fee of \$45pp; September 27 for a guided riding tour of Harlem, NY with a special tour of the Apollo Theatre with lunch at Sylvia's Restaurant. The trip fee is \$119; December 2 for a trip to Radio City Music Hall for their Christmas Spectacular for a fee of \$145.

July 4-10 for an Atlantic Canada Tour of Nova Scotia and Prince Edward Island in a private stateroom on the "Nova Star". The cost is \$1,637 pp for a double, \$1567 pp for a triple and \$2,217 for a single; October 12-14 to Joseph at the Sight and Sound Millennium Theatre in Lancaster, PA for a two night stay at the Crown Plaza Hotel at a cost of \$475pp double; \$450pp triple, and \$550pp single; and January 28-February 7, 2016 for a fully escorted Hawaiian Cruise 11 day-7 shore excursions starting at \$4,449pp.

c. Programs.

(1) Senior Nutrition Program. Ms. Wilson reported the number of individuals coming to the Senior Nutrition Program and meals being delivered have increased.

(2) Senior Center Programs-Ongoing. Ms. Wilson sent an email to instructors regarding new programs and explained the time, space and budget constraints. She plans to review charges for programs.

(3) Senior Center Programs – New. Ms. Wilson reported the Live Well Program will discuss Diabetes Management. Nine individuals are interested in it. It will begin next week for six weeks.

d. Budget - General Fund, Revolving Account. Ms. Wilson reported some transfers were needed, but we were under budget.

e. Revenues - General Fund, Revolving Account. Ms. Wilson stated revenues are doing better than anticipated.

3. OLD BUSINESS

a. Transportation Documents. Ms. Wilson sent the transportation documents to the First Selectman, and it was reviewed by Town Attorney. The transportation documents now state that transportation is offered for only those individuals who are 60 and over or disabled.

b. Update on Dial a Ride Grant. Ms. Wilson reported this year we are asking for a \$24 annual enrollment fee. Each individual is allowed twelve round trip rides. If only mileage reimbursement is requested, there is no annual enrollment fee.

The total grant is \$270,451 for ten towns.

c. Other Pertinent Business. Ms. Caste asked for an update on the freezer. Ms. Wilson replied the freezer has been received.

4. NEW BUSINESS

a. Will Bequest - Ideas. Ms. Wilson reported \$50,000 has been received, and asked for suggestions on how this money is to be spent. Ms. Caste suggested a flat screen TV.

b. Gail Glenn Retirement. Ms. Wilson informed the Commission July 24 is Ms. Glenn's last day, and she would like to have a Open House on that day. Ms. Glenn has worked for the Senior Center for twenty years.

She has been teaching a weight lifting class and would like to continue teaching it.

Ms. Wilson would like to have a panel for the interviews.

c. Other Pertinent Business. The Commission reviewed an incident report.

Ms. Bengtson reminded all the Senior Center will have its 25th anniversary in August.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

MOTION: Joe Palazzo moved to adjourn the June 8,

2015 Commission on Aging Regular Meeting at
5:45 p.m. Seconded by John Whritner. (7-0)
Unanimous.

Respectfully submitted

Frances Gheri, Recording Secretary