

Commission on Aging Regular Meeting Minutes  
June 11, 2013

Present: Philip Mountain  
Ilene Harris  
John Whritner  
Marge Caste  
Joe Palazzo

Absent: Mary Broga  
B. B. Smith

Also Present: Cathy Wilson, Senior Services Coordinator

FILED IN EAST LYME  
CONNECTICUT  
June 12<sup>20</sup> 13 AT 11:20 AM/PM  
Grabelle O. Horem ATC  
EAST LYME TOWN CLERK

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of June 11, 2013 to order at 6:00 p.m.

- a. Pledge of Allegiance. The Pledge of Allegiance was observed.
- b. Delegations. There were no delegations.
- c. Approval of Meeting Minutes – May 13, 2013. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Meeting Minutes of May 13, 2013.

MOTION: Ilene Harris moved to accept the May 13, 2013 Commission on Aging Minutes, as presented. Seconded by Marge Caste.  
(5-0) Unanimous

- d. Correspondence. There was no correspondence received.

2. STATUS REPORT

a. Transportation. Ms. Wilson reported the R-3 was brought to the Town Garage. They found the problem was with the air conditioning and was under warranty. The warranty work was done at Ford. The other two vehicles will go to the Town Garage.

b. Senior Trips. July 10 for a Connecticut River cruise with RiverQuest CT River Expeditions out of Haddam. The trip fee is \$22 which includes admission on to the boat. Attendees are asked to pay in cash. We will stop for ice cream afterwards. On July 24 we will have a trip to Lavender Hill Farm Alpacas in Lisbon, with lunch on your

own at the Caddyshack Restaurant located at the Norwich Municipal Golf Course. The fee is \$4.

(1) Enrichment Trips. The following enrichment trips are scheduled: The July 7 Tanglewood trip has been canceled due to low registration. July 18 to Long Island Wine Country with lunch on your own at Greenport. The trip fee is \$77 per person. August 1 to "Little Italy" in the Belmont section of the Bronx. Lunch is included at Ann and Tony's. The trip fee is \$89 per person. August 13 to Pilgrim Belle Harbor Tour in Plymouth, MA with lunch at John Carver Inn. The fee is \$75 per person. August 22 to the Newport Dinner Train with free time in Newport. The trip fee is \$84. September 10 to Wines & Spirits of Ulster County in Hudson Valley. Visit Tuthilltown Spirits Distillery, Whitecliff Winery and have lunch at the Tuthill House at the Mill Restaurant. The fee is \$83 per person. September 18 to the Big E in Springfield, MA. On September 24 a 3.5 hour guided tour of Martha's Vineyard with a 90 minute stop in Edgartown for lunch on your own. The fee is \$86 per person.

(2) Day/Overnight Trips. The following overnight trips are planned: August 26-28 to Atlantic City and Cape May. This trip includes Resorts Casino Bonus Package, Physick Estate and Cape May Trolley Tour. The cost is \$277 pp for double occupancy; September 9-10 to Ogunquit and Portland, ME to hear story teller and a 90 minute cruise of Portland Harbor, with Kittery shopping. The cost is \$259 for double occupancy; October 4-9 to Charleston, Savannah and Jekyll Island. This trip includes motor coach and airfare. It also includes passes to the 37th Annual Charleston Home and Garden Tour. The cost begins at \$2,229; December 10-12 to see a Miracle of Christmas at the Sight and Sound Millennium Theater in Strasburg, PA. The cost is \$421 for double occupancy; January 9-19, 2014 for a Hawaii Cruise Tour on NCL's Pride of America. A seven day cruise with seven shore excursions and two nights at the Marriott Waikiki Beach. The fee starts at \$3,999.

c. Programs.

(1) Senior Nutrition Program. The Senior Nutrition Program will serve salad during the summer months. They require 72 hours notice for a reservation. They have changed their summer bistro menu and the price has increased. The congregate meals continue to decrease. The week of July 4 TVCCA will not serve congregate meals. The meals-on-wheels drivers are willing to drive.

The Meals-on-Wheels Program is doing well. The number of people going on the north route has decreased. The B and D routes have a substantial number of individuals riding. Ms. Wilson plans to restructure these routes.

St. John's is piloting a Meals-on-Wheels Program that is not age appropriate. Ms. Wilson has contacted TVCCA but to date has had no response.

8. ADJOURNMENT

The Waterford Senior Nutrition Program is offered on Tuesday, Wednesday and Thursday. There is no food program on Monday. On Friday a town employee cooks. Waterford's congregate numbers are also declining.

(2) Senior Center Programs-Ongoing. Ms. Wilson reported at the request of attendees, Chair Yoga is now being offered at 9:30 a.m. and 10:30 a.m. until the end of June.

(3) Senior Center Programs – New There was nothing new to report on new programs.

d. Budget - General Fund, Revolving Account. There are no issues with the budget. A few transfers were made.

e. Revenues - General Fund, Revolving Account. Revenues are doing fine.

### 3. OLD BUSINESS

a. Other Pertinent Business. Ms. Caste asked if a Coast Guard Concert is scheduled for July? Ms. Wilson plans to schedule one or two Coast Guard concerts.

Ms. Caste felt Ms. Wilson should be commended on the tea for residents who are 90 and older. The attendees loved it and she did a wonderful job.

### 4. NEW BUSINESS

a. Background Checks. Ms. Wilson reported on a new procedure for background checks. It is now being done by SSCI. The cost is less and the procedure is very easy.

Mr. Palazzo asked if bus drivers have random drug testing? Ms. Wilson replied they do.

b. Annual Appeal Letter for Transportation. Ms. Wilson reported we have sent an annual appeal letter for transportation annually for a few years.

c. Other Pertinent Business. Beginning in September our Commission meetings will begin at 5 p.m.

Commission member John Whritner left the meeting.

### 5. PUBLIC DISCUSSION

There was no public discussion.

### 6. ADJOURNMENT

MOTION: Mr. Palazzo moved to adjourn the June 11,  
2013 Commission on Aging Regular Meeting at  
6:35 p.m. Seconded by Ms. Caste. (4-0)  
Unanimous.

Respectfully submitted



Frances Gheri, Recording Secretary