

EAST LYME COMMISSION ON AGING
REGULAR MEETING MINUTES
MONDAY, JULY 9th, 2012

FILED IN EAST LYME
July 16 2012 AT 10A M

Brook D. Harris ATC
EAST LYME TOWN CLERK

Present: Philip Mountain, Chairman, Mary Broga, Marge Caste, Ilene Harris,
B. B. Smith, Carrie Janus, John Whritner

Also Present: Cathy Wilson, Senior Services Coordinator
Rose Ann Hardy, Ex-Officio, Board of Selectmen

Absent: No One

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of July 9, 2012 to order at 6:00 PM.

a. Pledge of Allegiance
The Pledge was observed.

b. Delegations
There were no delegations.

c. Approval of Meeting Minutes – June 11, 2012
Mr. Mountain called for any additions, deletions or corrections to the Commission on Aging Regular Meeting Minutes of June 11, 2012.

****MOTION (1)**

Mr. Whritner moved to approve the June 11, 2012 Regular Meeting Minutes of the Commission on Aging as presented.

Ms. Harris seconded the motion.

Vote: 7 – 0 – 0. Motion passed.

d. Correspondence
Correspondence was made available for review.

2. STATUS REPORT

a. Transportation

Ms. Wilson reported that Youth Services would be using the R-1 bus for the next month. She said that this should not present any problems. R-1 is the Ford van and it has passed the emissions testing. The R-2 bus still has to go in for the recall item. She also reported on the letter that was sent to Mr. Mitchell asking about the three (3) AHEPA's and the potential of obtaining a vehicle. He wrote back about a grant and she will help with the grant writing. She said that she was not sure if he has a funding source in mind and/or other people to help with the writing – all details that still have to be worked out.

Ms. Hardy said that she thought that there could possibly be some AHEPA monies that George might know of. She asked about how many people they are transporting from AHEPA.

Ms. Wilson said that the majority of the Tuesday shopping run is AHEPA people (8) and other days they transport people for medical and other appointments. She also said that she was asked why they don't supply a Senior Center bus to the casinos. She said that this is not something that they have done.

Ms. Caste said that she thought that it was motor coach trips that took people to the casinos and that on her visits there (to the casinos) she did not recall seeing buses from any of the senior centers.

Ms. Wilson said that she was also approached by the Clamshell Quilters about a Quilting show that is being held at Connecticut College in August – they would like to have a bus offered to take people to it. She said that she would look into it however, they would have to charge a fee for it and the people would have to pay their own admission to the show. It would be like a senior trip. She said that she would see if there is interest.

The Commissioners suggested that Ms. Wilson look into it and use her judgment on if there is enough interest to make it feasible to go.

Ms. Hardy asked if there were any requests for a bus to OpSail.

Ms. Wilson said no.

b. Senior Trips

- (1) **Enrichment Trips** – Ms. Wilson reported that she did not have anything scheduled yet for August (8/8 and 8/22) and that she would email them this information as soon as she has put it together.
- (2) **COA Sponsored Trips** - Ms. Wilson reported that no COA sponsored trips have been scheduled at this time and that this item has been combined with the Parks & Recreation Special Revenue program as of the new fiscal year.
- (3) **Day/Overnight Trips** – Ms. Wilson reported that the Boston Tall Ships and Tanglewood trips went and that the Newport trip for July 26 has been cancelled due to a lack of sign-ups. She also reported on the following upcoming day trips:
 - August 7, 2012 – Highlights of the Hudson w/River Cruise & lunch, \$90, lots of walking
 - August 23, 2012 – Rockport/Gloucester – on your own, \$40 – wait list
 - September 6, 2012 – 911 Memorial – NY with cruise around NYC, lunch on your own, \$73
 - September 19, 2012 – Connecticut Day at the Big E, \$42, lots of walking
 - September 29, 2012 – Waterfire in Providence, RI, \$35 lots of walking
 - October 2, 2012 – Culinary Institute & FDR Home, Library & Museum, \$81, walking
 - October 24, 2012 – Jack-O-Lantern Spectacular at Roger Williams Zoo, \$48, lots of walking
 - December 4, 2012 – Advance Notice – Radio City Christmas Show in NYC, \$126

Ms. Wilson also reported on the following overnight trips:

August 9-10, 2012 – Lake George & Saratoga Race Track

September 8-19, 2012 – National Parks of America

September 25-26, 2012 – Amish Country & Millennium Theater – Jonah – wait list

c. Programs

- (1) **Senior Nutrition Program** – Ms. Wilson reported that she had sent out around 60 letters to various doctors and after care facilities to promote the lunch program and Meals on Wheels. She noted that the congregate lunches are still the same.50 cents per mile to 45 cents per mile to be able to accommodate everyone. She lastly reported that the \$1000 donation for fans for people during the summer has been set up and is ready to go for the summer.
- (2) **Senior Center Programs - Ongoing** – Ms. Wilson reported that the on-going programs are doing the same and that there are no issues.

- (3) Senior Center Programs - New** – Ms. Wilson reported that Beach Yoga was cancelled due to a lack of enrollment however the Zumba Gold and Line Dancing short sessions are doing very well. She said that the Rotary Club picnic lunch at the Town Hall Pavilion would be held on Wednesday July 11, 2012; a dance would be held at the Senior Center on Friday evening July 20, 2012 and Celebrate East Lyme will be held on Saturday July 21, 2012 where there will be a bocce ball tournament.

d. Budget

Ms. Wilson reported that she would have figures on the final budget for them at their September meeting.

e. Revenues

Ms. Wilson reported that the revenues should be around \$50,000 for the year just completed.

3. OLD BUSINESS

a. Volunteer Recognition Event

Ms. Wilson reported she would be holding her Volunteer Recognition dinner event in conjunction with TVCCA on Wednesday, July 18, 2012 at 6 PM at the Town Hall Pavilion. She said that it would be picnic fare and as they recalled would be paid for from the Parahus account.

b. Purchase of Office Furniture

Ms. Wilson said that she has ordered the office furniture and that it should be in soon.

c. Full Time Admin. Secretary Position

Ms. Wilson reported that the position would be posted in-house July 16, 2012 and would run for two weeks. They expect that August 13, 2012 would be the date that the position would be filled. She said that she would need a panel of people to help conduct the interviews with her.

d. Other Pertinent Business

There was none.

4. NEW BUSINESS

a. September COA Meeting/Vacation of Director

Ms. Wilson said that she would be on vacation for two weeks and that her vacation time would cover the date of their Regular September meeting. She asked if they would like to re-schedule it to a time before she leaves on vacation or wait until the end of the month when she returns.

The consensus of the commissioners was that they would prefer that the meeting be re-scheduled to a time before Ms. Wilson leaves on vacation. After discussion – it was agreed that the Regular Meeting scheduled for September 10, 2012 would be cancelled and a Special Meeting of the Commission would be scheduled for Wednesday, September 5, 2012 at 6 PM instead.

b. Potential Newsletter Issue

Ms. Wilson said that they have dealt with Senior Citizens Publishing for many years and that they were recently purchased by Community Communications Inc. who do church bulletins and senior center newsletters. This new company has been weaning some of the less profitable newsletters out due to the lack of advertising from those areas. She said that she has been working with their sales representative and has sent out a letter to various potential sponsors with little success. She said that she would hate to lose this newsletter as it reaches at least 700 households not counting the number that are picked up at the senior center by those who visit and have come to rely on it. She said that she will try to look into other avenues for support.

c. Other Pertinent Business

Ms. Wilson reminded everyone that there is no meeting in August.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

****MOTION (2)**

Ms. Janus moved to adjourn the Commission on Aging Regular Meeting of July 9, 2012 at 6:50 PM.

Ms. Harris seconded the motion.

VOTE: 7 - 0 - 0. Motion passed.

Respectfully submitted,

Karen Zmitruk,
Recording Secretary, Pro-tem