

**EAST LYME COMMISSION ON AGING  
REGULAR MEETING MINUTES  
MONDAY, JULY 8th, 2013**

Present: Philip Mountain, Chairman, Marge Caste, Ilene Harris,  
John Whritner, B.B. Smith, Joe Palazzo

Also Present: Cathy Wilson, Senior Services Coordinator

Absent: Mary Broga

FILED IN EAST LYME  
CONNECTICUT  
July 15, 2013 AT 10:00 (AM/PM)  
*Cathy Wilson, AIC*  
EAST LYME TOWN CLERK

**1. PRELIMINARY BUSINESS**

Chairman Mountain called the Commission on Aging Regular Meeting of July 8, 2013 to order at 6:00 PM.

**a. Pledge of Allegiance**

The Pledge was observed.

**b. Delegations**

There were no delegations.

**c. Approval of Meeting Minutes – June 11, 2013**

Mr. Mountain called for any additions, deletions or corrections to the Commission on Aging Regular Meeting Minutes of June 11, 2013.

Ms. Caste said that she had a question regarding the statement on the bottom of page 2 about the piloting of a 'not age appropriate' Meals on Wheels Program – she asked what the required age is for the MOW program.

Ms. Wilson said that people must be 60 years of age or older and that the proposed program is allowing anyone and not following the guide line.

**\*\*MOTION (1)**

Ms. Caste moved to approve the June 11, 2013 Regular Meeting Minutes of the Commission on Aging as presented.

Mr. Whritner seconded the motion.

**Vote: 6 – 0 – 0. Motion passed.**

**2. STATUS REPORT**

**a. Transportation**

Ms. Wilson reported that it seems that every summer there is an issue with the air conditioning on one vehicle or another. One vehicle will be going to the garage soon for the AC. The recall issue has been taken care of and Youth Services will be using the van every Monday, Wednesday and Friday during the months of July and August. This sometimes does make it tough for them, however they manage.

The van was used for Lobsterfest weekend and the Lions reimburse them for the use.

Lastly, the driver who drives part time for the out of Town trips and also covers some shopping has asked for a GPS unit to better help with locating the places that they are going to. She said that she does provide directions from MapQuest however; they are sometimes not that accurate. She said that she will look into purchasing one in the \$120 range as it is only necessary for two trips per month. She said that she let him use her personal GPS unit for one of the recent trips and that seemed to work much better.

## b. Senior Trips

- (1) **Enrichment Trips** – Ms. Wilson reported that on August 14 that they would go to Lenny & Joe's Fish Tails in Westbrook with a stop at Clinton Crossing Outlet afterwards; and on August 28 they will take a lunch trip to Olde Tymes in Norwich with a stop afterward at Big Lots.  
Ms. Wilson noted that the first trip for July had to be cancelled due to a lack of people signing up for it.
- (2) **Day/Overnight Trips** – Ms. Wilson reported that they are selling six trips now and will add two more in the beginning of August. She said that the Long Island Winery trip for this month is nearly full and that she has two more people interested in going.

She reported on the following upcoming day trips:

August 1, 2013 – Little Italy in the Bronx tour of the neighborhood, lunch at Ann & Tony's & shopping, \$89, Lots of walking  
August 13, 2013 – Pilgrim Belle Harbor Tour, Plymouth MA, with lunch \$75, Minimal walking  
August 22, 2013 – Newport Dinner Train for lunch and free time in Newport, \$84, Moderate walking  
September 10, 2013 – Wines & Spirits of Ulster County in Hudson Valley NY, visit to winery, distillery and lunch, \$83, Moderate walking  
September 18, 2013 – Big E in Springfield, MA, spend the day on your own, \$42, Lots of walking  
September 24, 2013 – 3.5 hour guided tour of Martha's Vineyard, with lunch on your own, space is limited, \$86, Moderate walking  
October 7, 2013 – Adams & Apples in VT, wagon ride, visit the farm animals, lunch and narrated tour of the apple barn, \$103, Moderate walking  
October 24, 2013 – Great Jack O'Lantern Blaze in Tarrytown, NY, Halloween event at the Van Cortlandt Manor, lunch on your own, \$60, Lots of walking

Ms. Wilson also reported on the following overnight trips noting that they were doing Atlantic City in August:

September 9-10, 2013 – Ogunquit & Portland ME - \$259/double  
October 4-9, 2013 – Charleston, Savannah & Jekyll Island – Prices begin at \$2229  
December 10-12, 2013 – Miracle of Christmas at the Sight & Sound Millennium Theater in Strasburg, PA – \$429/double  
January 9-19, 2014 – Hawaii Cruise Tour on NCL's Pride of America – Prices start at \$3999  
April 22 - May 3, 2014 – The Wonders of Italy – escorted – around \$4600 - hear more on this  
August 15, 2013 at 1 PM at the Senior Center

## c. Programs

- (1) **Senior Nutrition Program** – Ms. Wilson reported that the MOW's have been busy. The northern route can take a few more people while the southern route is very busy. She noted that she could also probably use two more drivers.  
The Senior Nutrition program is doing the same as it has been. She said that she met with Mr. Grills to see if they could do the Bistro two days a week rather than the one and is waiting to hear on that.
- (2) **Senior Center Programs - Ongoing** – Ms. Wilson reported that the Healing Touch instructor had knee replacement and was out for awhile and is not coming back so that program is gone. The outside pickle ball program was doing well until the heat wave struck. The Chinese Watercolor program is doing well and they want another session. She said that she has gone around to all of the classes to let everyone know that the cards that they get

for the classes will have a one-year expiration time on them. She said that she would continue to get the word out. She lastly said that she may go out to the doctors in the community again regarding the food program and that she would also try to promote it while doing the various benefit programs at other facilities.

**(3) Senior Center Programs - New** – Ms. Wilson said that there were no new programs at this time.

**d. Budget – General Fund, Revolving Account**

Ms. Wilson reported that they had done fine with the budget and had come in under budget for the year.

**e. Revenues – General Fund, Revolving Account**

Ms. Wilson reported that the revenues did well and that they hit the general fund expectation. The trips in the revolving account were a bit less but they were still in the black.

**3. OLD BUSINESS**

**a. Other Pertinent Business**

There was none.

**4. NEW BUSINESS**

**a. Resignation of Board Member**

Ms. Wilson said that Mary Broga has resigned from this Commission. She was a Republican however the breakdown allows for any designation to fill the position. She asked that they let her know of anyone who might be interested in filling this opening.

**b. Resignation of Site Server**

Ms. Wilson said that Jan has been with them for five (5) years and that she has given her notice of resignation to pursue other interests. Her last day will be August 9, 2013. TVCCA is responsible for the hiring for this position however they usually work with her on it. She noted that it is important that the person be experienced just as Jan was.

**c. Changes in Renter Rebate Program**

Ms. Wilson said that this is a benefit program that she has been processing for years now. It is income based but with the State's financial woes there is the possibility of it going away totally. What was recently passed is that if you applied for this program last year and were accepted – you can continue to do so – apply each year – but if there is a break in service then you are automatically out of the program and cannot get back in.

**d. State Grant for Air Card**

Ms. Wilson said that this is for her to use when she is at other facilities or in people's homes so that she can get internet access. There has been a grant that has paid for this and it will last through this year and will end. She said that she is currently looking into an option for another plan for this service.

**e. Review of Trips for FY 2012/2013**

Ms. Wilson provided the following information regarding trips for the fiscal year that just ended: For the day trips – 22 were offered; 18 of them went (4 were cancelled due to a lack of sign-ups); 5 of the 18 lost money however they still made \$775 overall. They served 248 different people on these trips.

Ms. Harris asked if it was the economy that is driving the lack of sign ups for certain trips and hence their cancellation.

Ms. Wilson said that she thought that it was and that they try to offer trips in the different categories and price points so that they are affordable. She said that next year they would work on offering more trips on a weekend day to see if that helps.

The overnight trips made \$358.

The Senior Center offered 23 enrichment trips and 2 trips to the Coast Guard concerts at a loss of \$164.92 (not counting lunches paid for or time). They served 51 different people on these trips. She noted that it is important that they offer these types of trips.

**f. Other Pertinent Business**

There was none.

**5. PUBLIC DISCUSSION**

There was no public discussion.

Ms. Wilson reminded everyone that there is no August Meeting and that in September their meetings will commence at 5 PM rather than the current 6 PM.

**6. ADJOURNMENT**

Mr. Mountain called for a motion to adjourn.

**\*\*MOTION (2)**

Mr. Palazzo moved to adjourn the Commission on Aging Regular Meeting of June 11, 2013 at 6:45 PM.

Ms. Harris seconded the motion.

**Vote: 6 - 0 - 0. Motion passed.**

Respectfully submitted,

Karen Zmitruk,  
Recording Secretary, Pro-tem