

Commission on Aging Regular Meeting Minutes  
July 11, 2011

Present: Philip Mountain  
B. B. Smith  
Mary Broga  
Marge Caste  
Carrie Janus  
Ilene Harris

Also Present: Cathy Wilson  
Senior Services Coordinator  
Rose Ann Hardy, Ex Officio

Absent: Jane Powers

FILED July 13, 2011  
AT 8:00 (AM)

L. Blais, ATC  
TOWN CLERK

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of July 11, 2011 to order at 6:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. Delegations. There were no delegations.

c. Approval of Meeting Minutes – June 13 2011. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Meeting Minutes of June 13, 2011.

MOTION: Ilene Harris moved to accept the June 13, 2011 Commission on Aging Minutes, as presented. Seconded by Marge Caste.  
(5-0) Unanimous

d. Correspondence. Correspondence was made available.

2. STATUS REPORT

a. Transportation. Ms. Wilson reported the Monday transportation requests have lessened.

All three vehicles are running fine.

A grant application for Dial-A-Ride was sent in March. Because of the state's financial situation Senior Services will be receiving 25% less than last year. It has been necessary to reduce the number of trips per person as of July 1 to 20 one-way rides.

Mr. Mountain asked if East Lyme residents are taking advantage of this transportation? Ms. Wilson replied they are. It has been an excellent resource for people.

b. Senior Trips.

(1) Enrichment Trips. The following Enrichment trips are planned: August 10 for a cruise on the RiverQuest and a stop for ice cream. The trip fee is \$4. The cruise will cost \$18 per person. August 24 a trip to the Six Paca Farm in Bozrah. Lunch on your own at Old Tymes in Norwich. The trip fee is \$3.

(2) COA Sponsored Trips. On September 27 to the Grand Oak Villa in Oakville, CT to see Come Fly With Me. The trip fee is \$57.

(3) Day/Overnight Trips. The following day trips are planned: August 11 Thoroughbred Racing and dinner in Saratoga, NY with reserved grandstand seats at Saratoga Race Park. The trip fee is \$79. August 23 to Stonewall Kitchen in York, Maine. The trip fee is \$88. September 8 to Charles River, Cheesecake Factory and Cambridge Tour for a riverboat cruise, delicious cheesecake and a tour of Cambridge. The trip fee is \$78. September 21 to the Big E. The trip fee is \$40.

The following overnight trips are planned: August 22-24, 2011 for a three day 1000 Islands Castles and Sunsets in the St. Lawrence region of New York. Two nights and three days with a trip guide as you explore the area. Prices range from \$429 to \$589; September 2-12, 2011 for a Russian River Cruise featuring Moscow, Red Square, St. Basil's Cathedral, Kremlin, Volga River, St. Petersburg, Hermitage Museum and Catherine Palace. Prices range from \$4,359 to \$4,459; October 16-19 for a four day trip to Colonial Williamsburg and Historic Jamestown in Virginia. Prices range from \$515 to \$800; November 9-16, 2011 discover the French Riviera featuring Nice, San Remo, Grasse, Rothschild Villa and Gardens, Monaco and more. Prices range from \$2,749 to \$3,179; The No Fly Western Caribbean Cruise has been cancelled. On December 8-10 a 3 day Niagara Falls and Famous Canadian Holiday Festival of Lights. Prices range from \$365-\$475 per person. On March 15-30, 2012 to treasures of Angkor Wat and Vietnam to Bangkok, Angkor Wat, Hanoi, Ho Chi Minh City and more with an optional two night Hong Kong post tour extension. Prices range from \$5,699 to \$6,599.

c. Programs.

(1) Senior Nutrition Program. Although the quality of food is significantly better, attendance continues to be low for the congregate meals.

The Prime Time Café meals are served one day per week, and 304 individual have been served from March to June.

Ms. Caste asked how many towns have congregate lunch through TVCCA? Ms. Wilson replied all except Groton and Montville.

Ms. Wilson informed the Commission she has contacted all groups who regularly meet at the Senior Center to let them know tables will be changed by the end of July.

Commission member B. B. Smith arrived.

(2) Senior Center Programs-Ongoing. Ms. Wilson reported all ongoing programs are doing well.

(3) Senior Center Programs – New. Ms. Wilson will try meditation and strength training classes.

d. Budget. Ms. Wilson reported transfers were needed in last year's budget. The budget ended under budget.

e. Revenues. Revenues are doing well.

### 3. OLD BUSINESS

a. Annual Appeal for Bus Donations. Commission members reviewed draft annual appeal for bus donations letter. Ms. Hardy suggested that a return envelope be inserted.

b. Expenditure from Parahus Account. Ms. Wilson would like to have Signcraft prepare a collage photo of the Celebrate 90+ Party for an amount not to exceed \$300. She would also like to purchase the following kitchen supplies: stainless tents, a drip tray, air pots, food trays, a cake display and plastic tongs for an amount not to exceed \$500.

MOTION: Ms. Janus moved to authorize Cathy Wilson to withdraw \$800 from the Parahus Account for a collage photo and kitchen supplies. Seconded by Ms. Harris. (6-0) Unanimous

c. Other Pertinent Business. There was no discussion of other pertinent business.

### 4. NEW BUSINESS

a. Senior Services Coordinator Vacation. Ms. Wilson informed the Commission she will be on vacation the second and third week in August.

b. Contract with TVCCA/SNP. Ms. Wilson reported there have been no changes to the contract with TVCCA. She has sent it to the First Selectman for his signature.

c. Budget Issue for Fiscal Year 2011-2012. Ms. Wilson reported to date each Town department will have no budget cut, but if the Town receives less from the state it may become necessary.

d. Bingo Information. Ms. Wilson reported the amount of money that can be given out for bingo prizes has been raised from \$20 to \$50.

e. Other Pertinent Business. There was no discussion of other pertinent business.

#### 5. PUBLIC DISCUSSION

There was no public discussion.

#### 6. ADJOURNMENT

MOTION: Ms. Caste moved to adjourn the July 11, 2011 Commission on Aging Regular Meeting at 6:45 p.m. Seconded by Ms. Broga. (6-0)  
Unanimous.

Respectfully submitted



Frances Gheri, Recording Secretary