

Commission on Aging Regular Meeting Minutes
January 10, 2011

Jan 11 20 11 at 12:25 AM PM

Esther B. Williams

EAST LYME TOWN CLERK

Present: Philip Mountain
B. B. Smith
Carrie Janus
Marge Caste

Also Present: Cathy Wilson
Senior Services Coordinator
Rose Ann Hardy, Ex officio

Absent: Ilene Harris
Jane Powers
Mary Broga

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of January 10, 2011 to order at 6:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. Delegations. There were no delegations.

c. Approval of Meeting Minutes – December 20, 2010. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Meeting Minutes of December 20, 2010.

MOTION: B. B. Smith moved to accept the December 20, 2010 Commission on Aging Minutes, as presented. Seconded by Marge Caste.
(4-0) Unanimous

d. Correspondence. Correspondence was made available.

e. Election of Officers. There was a consensus of the Commission to table this matter to allow members absent to give their input.

2. STATUS REPORT

a. Transportation. Cathy Wilson reported one of the new vehicles is still leaking coolant. Matthew Buses is working on it.

b. Senior Trips.

(1) Enrichment Trips. The following Enrichment trips are planned: Lunch at the Parthenon Diner in Old Saybrook on February 9 and lunch at the Steak Loft in Mystic on February 23. Each trip will cost \$2.75.

(2) COA Sponsored Trips. There were no COA sponsored trips announced.

(3) Day/Overnight Trips. The following day trips are planned: February 24, 2011 to Newport Playhouse dinner theater for buffet and to see "Norman is that you?" for \$83; March 15, 2011 to Cornerstone Productions to Mohegan Sun and to see "Shenanigan Street" for \$50; April 2, 2011 to tour Grand Central Station, have lunch in Times Square and visit Chelsea Market for \$77; and April 26, 2011 to visit the lower east side's Tenement Museum with a stop at Katz's Deli for \$66.

The following overnight trips are planned: April 8-11, 2011 for a Cherry Blossom Tour in Washington, D.C. The cost for a double room is \$559, triple \$519 and single \$729; September 2-12, 2011 for a Russian River cruise. Prices range from \$4,279 to \$4,379 per person; and March 15-30, 2012 to Angkor Wat and Vietnam. Prices range from \$5,699 to \$6,599.

c. Programs.

(1) Senior Nutrition Program. Ms. Wilson informed the Commission that musical entertainment is provided on the third Tuesday of each month.

(2) Senior Center Programs-Ongoing. Ongoing programs are doing well. Participants in Zumba Gold have asked for a Friday class. It will be tried for six weeks.

(3) Senior Center Programs – New. Pickle ball has been well received and will be held on Saturdays from 11 a.m. to 1 p.m. through March. Ms. Wilson will be present through March. Ms. Hardy felt the Commission should consider compensation time for Ms. Wilson.

Laughter Yoga will start on February 3 at 11:30 a.m. This program is free of charge.

d. Budget. Ms. Wilson reported overall the budget is doing well. The Day Trip Account is a little higher than it has been in the past.

e. Revenues. Revenues are doing fine.

3. OLD BUSINESS

a. Budget Request for Fiscal Year 2011/2012. Cathy Wilson will meet with First Selectman Formica at the end of this month to discuss the upcoming budget. She will inform the Commission of the dates the Commission on Aging will go before the Board of Selectmen and the Board of Finance.

b. Other Pertinent Business. There was no discussion of other pertinent business.

4. NEW BUSINESS

a. Youth Center & Senior Center Sharing Vehicle. Cathy Wilson reported the R-3 vehicle was purchased with Town funds with the understanding that Youth Services can also use it. Youth Services has planned ski trips, and equipment will be transported on the R-3 bus to the ski area.

b. Use of Senior Center by Lions Low Vision Center. Ms. Wilson informed the Commission that the Lions have asked to use space at the Senior Center for its Low Vision Program beginning on Thursdays from 10 a.m. to 3 p.m. in the Craft Room. It would not conflict with any other activity at the Center.

c. Need for Additional On-Call Driver. Cathy Wilson reported she has had two on-call drivers in the past and one left for another position. She would like to hire a new on-call driver and asked if the Commission would like to be involved in the interview process of an on-call driver. Ms. Smith felt Ms. Wilson should hire the type of individual she needs. Ms. Janus stated she would defer to Ms. Wilson's expertise.

d. Other Pertinent Business. Ms. Hardy asked the Commission if they would be willing to review one copy of the daily bus log at the meeting rather than have it mailed to everyone, in order to save paper. There was no objection to her suggestion.

Ms. Caste asked how donations for riding the bus are handled. Ms. Wilson stated donations are accepted in the office.

Ms. Hardy, on behalf of the Board of Selectmen, thanked Commission members for their volunteer services and Ms. Wilson for her dedicated service.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

MOTION: Marge Caste moved to adjourn the January 10, 2011 Commission on Aging Regular Meeting at 6:45 p.m. Seconded by B. B. Smith. (4-0)
Unanimous.

Respectfully submitted



Frances Gheri, Recording Secretary