

Commission on Aging Regular Meeting Minutes
February 14, 2011

Present: Philip Mountain
B. B. Smith
Carrie Janus
Marge Caste
Ilene Harris
Mary Broga

Also Present: Cathy Wilson
Senior Services Coordinator

Absent: Jane Powers

FILED IN EAST LYME TOWN
CLERK'S OFFICE

Feb 16 20 11 at 11:00 AM PM

Esther B. Williams

EAST LYME TOWN CLERK

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of February 14, 2011 to order at 6:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. Delegations. There were no delegations.

c. Approval of Meeting Minutes – January 10, 2011. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Meeting Minutes of January 10, 2011.

MOTION: Carrie Janus moved to accept the January 10, 2011 Commission on Aging Minutes, as presented. Seconded by Marge Caste. Ilene Harris and Mary Broga abstained from voting. (4-0-2) Motion carried.

d. Correspondence. Correspondence was made available.

e. Election of Officers. Commission members were asked for nominations of officers of the Commission on Aging for 2011.

MOTION: Mary Broga moved that the following officers remain: Philip Mountain as Chairman, Carrie Janus as Vice Chair and Ilene Harris as Secretary of the Commission on Aging for 2011. Seconded by Marge Caste. (6-0) Unanimous.

2. STATUS REPORT

a. Transportation. Cathy Wilson reported both vehicles are back in operation and her drivers are doing well.

Ms. Wilson is working on providing transportation for an individual who has oxygen and a motorized scooter.

The Municipal Grant will be worked on during the month of March.

b. Senior Trips.

(1) Enrichment Trips. The following Enrichment trips are planned: March 9 for lunch at the Caddy Shack Café 2 in Norwich. On March 23 for lunch at the Top of the Hill restaurant located in the Ella Grasso Technical School in Groton, with shopping to follow afterwards. The trip fee for each is \$2.75.

(2) COA Sponsored Trips. There were no COA sponsored trips announced.

(3) Day/Overnight Trips. The following day trips are planned: March 15 for the Cornerstone Holiday Production of "Shenanigan Street" with a morning side trip to the Mohegan Sun. On April 2 a trip to New York City for a tour of Grand Central Station and a visit to Chelsea Market. The trip fee is \$77. April 26 a trip to the Tenement Museum in New York City and a guided tour of the Lower East Side with lunch on your own at Katz's Deli. The trip fee is \$66. On May 10 a trip to New York City to visit the Statue of Liberty and Ellis Island with lunch included at SPQR. The trip fee is \$98. On May 25 a trip to Boston, Massachusetts to visit the Kennedy Library and the Gardner Museum with lunch at Joe Tecce's. The trip fee is \$98. On June 12 a Lighthouse Cruise in the Narragansett Bay, Rhode Island, with brunch at the Quidnesset Country Club. The trip fee is \$79. On June 30 to Theater by the Sea to see "Man of La Mancha".

The following overnight trips are planned: April 8-11, 2011 to see the Cherry Blossom Special in Washington, D. C. The cost is \$559 per person for double occupancy. September 2-12, 2011 for a Russian River Cruise. Prices range from \$4,279 per person to \$4,379 per person. November 9-16, 2011 to the French Riviera. Prices range from \$2,669 to \$3,099. March 15-30, 2012 to Angkor Watt and Vietnam. Prices range from \$5,699 per person to \$6,599.

c. Programs.

(1) Senior Nutrition Program. Ms. Wilson informed the Commission she is considering rearranging tables so that the area used for the Senior Nutrition Program can be better utilized.

Soup and sandwiches will be available on Mondays beginning in March.

(2) Senior Center Programs-Ongoing. All ongoing programs are doing well.

On Mondays and Fridays AARP and IRS trained volunteers are assisting with taxes.

The AARP Mature Driver Safety Classes have been very successful.

(3) Senior Center Programs – New. A Matter of Balance Class will be held on Saturday and Wednesday beginning in April.

On April 25 there will be discussions on what to shred and what to keep. May 7 will be the next Shred Day.

The Laughter Yoga Class is well received.

d. Budget. Ms. Wilson reported overall the budget is doing well.

e. Revenues. Revenues have decreased because some trips have cancelled due to weather conditions.

3. OLD BUSINESS

a. Budget Request for Fiscal Year 2011/2012. Cathy Wilson met with First Selectman Formica to discuss the upcoming budget. She will inform the Commission of the dates the Commission on Aging will go before the Board of Selectmen and the Board of Finance.

b. Other Pertinent Business. There was a general consensus of the Commission to review one copy of the daily bus log at the meeting.

4. NEW BUSINESS

a. Nurse Managed Clinics by VNASC. The VNA and UCONN School of Nursing will hold a Nurse Managed Clinic on the second Wednesday from 1 p.m. to 3 p.m. beginning this month. On the fourth Wednesday of the month a Blood Pressure Clinic will be held.

b. Pickleball. Pickleball is very popular. It is held on Saturdays from 11 a.m. to 1 p.m. Ms. Wilson is planning Bocce and Pickleball tournaments during Celebrate East Lyme.

d. Other Pertinent Business. Ms. Wilson will be on vacation beginning February 23. She plans to be back at work on March 7.

She discussed a home visit with the Commission.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

MOTION: Ilene Harris moved to adjourn the February 14, 2011 Commission on Aging Regular Meeting at 6:50 p.m. Seconded by Marge Caste. (6-0) Unanimous.

Respectfully submitted



Frances Gheri, Recording Secretary