

EAST LYME COMMISSION ON AGING Feb 21 20 12 at 9:55 AM
 REGULAR MEETING MINUTES
 MONDAY, FEBRUARY 13th, 2012

Ethel B. Williams

EAST LYME TOWN CLERK

Present: Philip Mountain, Chairman, Mary Broga, Marge Caste, Ilene Harris,

Also Present: Cathy Wilson, Senior Services Coordinator

Absent: Jane Powers, Carrie Janus, B.B. Smith

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of February 13, 2012 to order at 6:03 PM.

a. Pledge of Allegiance

The Pledge was observed.

b. Delegations

There were no delegations.

c. Approval of Meeting Minutes – January 9, 2012

Mr. Mountain called for any additions, deletions or corrections to the Commission on Aging Regular Meeting Minutes of January 9, 2012.

**MOTION (1)

Ms. Harris moved to approve the January 9, 2012 Regular Meeting Minutes of the Commission on Aging as presented.

Ms. Caste seconded the motion.

VOTE: 4 – 0 – 0. Motion passed.

d. Correspondence

Correspondence was made available for review.

2. STATUS REPORT

a. Transportation

Ms. Wilson recapped that in the fall they had increased requests for Monday rides and had thought that this was due to the holiday season. However, for the past six (6) weeks they have had people on a wait list to go to New London. The issues of concern are the number of people on the wait list and if they want to address it and if they do, they need to be mindful of the drivers' hours. If they want to add a run in to take care of it she suggested that it could best be done by adding runs on the first and third Wednesdays as the second and fourth are already taken with enrichment trips. They would still have to watch the hours to stay at 19 hours per week. They are also seeing more medical appointments in New London and it appears that it has taken a year to see the impact of the two new AHEPA's.

Ms. Broga said that she thinks that their priorities have to be in order and would suggest that the medical appointments would be the most important, then shopping and the trips would be the least important.

Ms. Wilson said that those who routinely travel know that the bus fills up so they call ahead as soon as they get home and reserve for the next week. They do bump shopping people for those who have medical appointments. She said that adding runs on the first and third Wednesdays would be the easiest

to do as it would keep the driver hours in line and could be done on a trial run for a three month period to see if it works.

The Commissioners agreed that Ms. Wilson should start the new run at least on a trial basis and see how it goes.

Ms. Wilson said that she thought that adding the first and third Wednesday runs might be the best way to go and that she could start it on a trial basis in March. She also noted that the paperwork for the Municipal Grant funding shows a \$5400 increase with the new census figures however the awards will be reduced by 25% so it is pretty much a wash.

b. Senior Trips

- (1) Enrichment Trips** – Ms. Wilson reported the following:
March 14, 2012 – lunch on your own at the Niantic Diner
March 28, 2012 – lunch on your own at the Parthenon Diner in Old Saybrook with shopping to follow
- (2) COA Sponsored Trips** - Ms. Wilson reported that no COA sponsored trips have been scheduled at this time.
- (3) Day/Overnight Trips** – Ms. Wilson reported on the following day trips:
March 15, 2012 – Boston Flower & Garden Show - lunch on your own at Quincy Market, \$56
April 10, 2012 – Behind the Scenes Tour of the Elms Mansion in Newport, w/lunch, \$89
April 28, 2012 – New York City on your own, \$40
May 3, 2012 – Newport Playhouse & Cabaret, \$83
May 22, 2012 – Charlestown (Charles River Cruise) & Cheesecake Factory (lunch), \$85
June ??, 2012 – Rhinebeck NY Aerodrome – To Be Determined – Stay Tuned
June 28, 2012 – Theater by the Sea – Sound of Music, lunch on your own in Wickford, \$58
July 3, 2012 – Tall Ships & Gray Hulls in Boston MA, w/lunch, \$96
July 8, 2012 – Tanglewood – Boston Pops w/Bernadette Peters, includes lunch, \$126
July 26, 2012 – Newport Wine & Sail, cruise of Newport Harbor, includes lunch, \$96

Ms. Wilson also reported on the following overnight trips:

June 19-21, 2012 – Cape Cod, Nantucket Island
August 9-10, 2012 – Lake George & Saratoga Race Track
September 8-19, 2012 – National Parks of America
September 25-26, 2012 – Amish Country & Millennium Theater production of Jonah
October 17-22, 2012 – 36th Annual Charleston Home & Garden Tour

c. Programs

- (1) Senior Nutrition Program** – Ms. Wilson reported that TVCCA has been reorganizing due to federal constraints. Fresh Prep is now available Monday through Friday. She also reported that with the increase in gas prices that the Meals on Wheels volunteers are now asking for mileage reimbursement. If this continues there may be a drop from 50 cents per mile to 45 cents per mile to be able to accommodate everyone. She lastly reported that the \$1000 donation for fans for people during the summer has been set up and is ready to go for the summer.
- (2) Senior Center Programs - Ongoing** – Ms. Wilson reported that the on-going programs are doing well. She said that the monthly theme dinners that she has been holding are also

doing very well and the one that is coming this week Friday for Valentine's Day is sold out. She noted that her Chair Yoga class is doing well and that one of the classes will have to move to a larger area due to the attendance that it gets. The VNA Wellness Clinic is not doing well and they are looking at ways to make it better attended.

- (3) **Senior Center Programs - New** – Ms. Wilson said that they are very busy for the AARP tax help, Tai Chi is doing well and the E-reader class went well. Pickle ball is almost ending and has been doing well and she is thinking of holding a session during the summer.

d. Budget

Ms. Wilson reported that the budget is doing well.

e. Revenues

Ms. Wilson reported that the revenues have picked back up after the brief lull in December due to the holidays.

3. OLD BUSINESS

a. Budget Request for FY 12/13

Ms. Wilson reported that her salary line item is getting to the top of the pay scale and that she will get COLA increases. The bigger issue is that she has requested FT for the Administrative Secretary position and that it has been left intact and is endorsed in the cover letter from Mr. Formica to the Board of Finance. She noted that one of the major changes is the Special Revenue Account making it such that operations went down and personnel went up creating a decrease of 2.22% with the trips and revenues from them being taken out of the budget.

b. Request to Lions Club

Ms. Wilson said that she would like to make a request to the Lions Club for partitions that are on wheels and that can be moved easily to separate areas for various programs. She noted that they have one partition but would need more to be able to separate an area.

c. Other Pertinent Business

Ms. Wilson reported that energy assistance has been extended out to May 1, 2012. She has done 160 applications and four (4) for program warm-ups which was designated as the last resort but now people are looking for it and there are no more available.

4. NEW BUSINESS

a. Mayors for Meals

Ms. Wilson said that Meals on Wheels of America invites Mayors and other officials to deliver MOW's one day during the month of March. They have invited the First Selectman before and will invite him again this year but would also like to invite the Board of Selectmen and Board of Finance members and the primary Church affiliations to also volunteer once during the month for a few hours. She said that they would be sending out letters soon.

b. Volunteer Recognition Event

Ms. Wilson said that they would probably do this in May as they could do it in conjunction with TVCCA.

c. Other Pertinent Business

Ms. Wilson said that she would be on vacation next week.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

****MOTION (2)**

Ms. Harris moved to adjourn the Commission on Aging Regular Meeting of February 13, 2012 at 6:57 PM.

Ms. Broga seconded the motion.

VOTE: 4 – 0 - 0. Motion passed.

Respectfully submitted,

Karen Zmitruk,
Recording Secretary, Pro-tem