

*Bruce D. Hansen* ATC  
EAST LYME TOWN CLERK

Commission on Aging Regular Meeting Minutes  
December 10, 2012

Present: Philip Mountain      Also Present: Cathy Wilson  
          B. B. Smith                                  Senior Services Coordinator  
          Marge Caste                                Rose Ann Hardy, Ex officio  
          Ilene Harris  
          Joe Palazzo  
          John Whritner

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of December 10, 2012 to order at 6:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

MOTION: Ilene Harris moved to add to this evening's Agenda under New Business, b. Welcome New COA Member and c. 2013 Meeting Schedule. (6-0) Unanimous.

b. Delegations. There were no delegations.

c. Approval of Meeting Minutes – October 9, 2012. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Meeting Minutes of October 9, 2012.

MOTION: John Whritner moved to accept the October 9, 2012 Commission on Aging Minutes, as presented. Seconded by Ilene Harris. B. B. Smith and Joe Palazzo abstained from voting. (4-0-2) Motion carried

d. Correspondence. There was no correspondence.

2. STATUS REPORT

a. Transportation. Ms. Wilson reported she has no issues with transportation.

(1) Enrichment Trips. The following enrichment trips have been planned: January 9 to NuNu's Bistro for a trip fee of \$3; and January 23 to Morning Glory Café in

Old Lyme for a trip fee of \$3. Since NuNu's Bistro is closed she will determine whether or not there is interest in the Spice Club.

(2) COA Sponsored Trips. There are no COA sponsored trips scheduled.

(3) Day/Overnight Trips. The following Day Trips are planned: There are no trips planned for January and February because of weather concerns. In March a trip will be held for an Irish Show and in April to New York City to see the Intrepid Space Shuttle. Trips are being planned for Tanglewood, the Big E and Theatre by the Sea.

c. Programs.

(1) Senior Nutrition Program. Ms. Wilson reported the Senior Nutrition Program is offered Tuesday through Friday at a cost of \$3. Twenty-four hours reservation is required. You must be 60 or over to participate.

Meals-on-Wheels are delivered in East Lyme Monday through Friday. If a driver asks for mileage on Mondays, the Town has to reimburse the driver. All other days TVCCA reimburses the driver.

On Mondays there are fifteen menu choices. There is no age limit and those attending pay the cost of the meal. TVCCA asks that we commit to twenty meals. These meals are of high quality.

(2) Senior Center Programs-Ongoing. Ms. Wilson stated this program is doing well.

(3) Senior Center Programs – New. There will be a Mocktail Party on Thursday from 5 p.m. to 7 p.m. Pickle ball had 18 individuals participating last Saturday. A demonstration is scheduled on Friday from 1 p.m. to 3 p.m. The holiday meal is scheduled for December 21. A school concert will be held tomorrow night and another next week. On December 17 we will have a performance by a Chinese group.

d. Budget. The General Fund budget is doing well.

e. Revenues. Revenues are doing well.

3. OLD BUSINESS

a. Potential Newsletter Issue. The company would like Senior Services to train on preparing the newsletter. The high school will be used as a back-up plan.

b. Transportation to the Coast Guard Concerts. Ms. Wilson stated if there is interest in quarterly trips to the Coast Guard Concerts they will be offered. We have a

full bus for the December Coast Guard Holiday Concert. Each passenger will pay \$5 to defray the cost of overtime for the bus driver.

c. Brochures for Services in the Senior Center. Dr. Whritner's suggestion to establish a notebook for brochures is working well.

d. Other Pertinent Business. There was no other pertinent business.

#### 4. NEW BUSINESS

a. Resignation of Carrie Janus. Ms. Janus' work schedule has caused her to resign from the Commission.

b. Welcome New Commission on Aging Member. Joe Palazzo was introduced and welcomed to the Commission.

c. 2013 Commission on Aging Meeting Schedule. Commission members reviewed the 2013 Commission on Aging meeting schedule. There was a general consensus to meet in 2013 at 6 p.m. on the dates presented.

d. Budget Preparation for Fiscal Year 13/14. Ms. Wilson reported she has added overtime for her full-time bus driver for evening transportation. Telephone and internet have increased by \$100. Cable TV is significantly less. Trip monies have been placed into a revolving account. A policy on refunds needs to be established. She suggested that the Commission establish a drop in fee. Dr. Whritner asked Ms. Wilson to prepare information for review by this Commission on how she would like to see it. Ms. Hardy suggested adding a revenue sheet to the budget. She asked if Ms. Wilson was anticipating any grants. Ms. Wilson did not feel the state will be able to but possibly grants are available from Pfizer or a bank.

MOTION: John Whritner moved to forward to the Board of Selectmen, the Commission on Aging General Fund Budget for Fiscal Year 2013/2014 in the amount of \$239,001 and the General Fund Revolving Account in the amount of \$41,250. Seconded by Ilene Harris. (6-0) Unanimous

e. Other Pertinent Business. Ms. Wilson reported she was approached by a woman who is willing to purchase the kiln. First Selectmen Paul Formica has no objection to selling it. It has not been used for many years.

MOTION: John Whritner moved to authorize Ms. Wilson to sell the kiln. Seconded by Marge Caste. (6-0) Unanimous.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

MOTION: Ilene Harris moved to adjourn the December 10, 2012 Commission on Aging Regular Meeting at 6:50 p.m. Seconded by Joe Palazzo. (6-0) Unanimous.

Respectfully submitted



Frances Gheri, Recording Secretary