

Commission on Aging Regular Meeting Minutes
April 8, 2013

Present: Philip Mountain Also Present: Cathy Wilson
 Ilene Harris Senior Services Coordinator
 Mary Broga
 John Whritner
 Marge Caste

Absent: B. B. Smith
 Joe Palazzo

FILED IN EAST LYME
CONNECTICUT
april 20 13 AT 10:50 AM PM
Kathleen An
EAST LYME TOWN CLERK

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of April 8, 2013 to order at 6:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. Delegations. There were no delegations.

c. Approval of Meeting Minutes – March 11, 2013. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Meeting Minutes of March 11, 2013.

MOTION: Mary Broga moved to accept the March 11, 2013 Commission on Aging Minutes, as presented. Seconded by Philip Mountain. Ms. Caste, Ms. Harris and Mr. Whritner abstained from voting. (2-0-3) Motion carried.

d. Correspondence. Correspondence was made available to the Commission.

2. STATUS REPORT

a. Transportation. Strong winds damaged the door of the Ford van, and it will need body work. Three vehicles will need quarterly review.

Senior Services' part time driver will be on vacation for the month of April. Substitute drivers will drive for him.

Ms. Wilson informed the Commission in the past two weeks we have had a wait list for transportation to New London.

b. Senior Trips

(1) Enrichment Trips. The following enrichment trips are scheduled: May 8 for lunch at Rein's New York Style Deli located in Vernon, with shopping to follow afterwards at the Buckland Hills Mall. The trip fee is \$4. Departure time is 10 a.m. and return time is 3 p.m.; May 22 for lunch on your own at Modesto's in North Franklin. Afterwards we will stop by a nursery for plants. The trip fee is \$3. Departure time is 10:30 a.m. and return time is around 3:30 p.m.

(2) Day/Overnight Trips. The following Day trips are planned: May 2 to Emerson Place to see the World's Largest Kaleidoscope and Stucki Embroidery Works tour of the factory. There is moderate walking. The fee is \$92; May 14 to Federal Hill or "Little Italy" in Providence, RI for a tour of Scalo's Bakery and lunch at Gepetto Pizzeria, to visit the Venda's Ravioli Emporium and a tour of Providence. The fee is \$71; May 30 to Fenway Park Tour and Boston Duck Tour with lunch on your own at the Prudential Center for a fee of \$79. This trip has lots of walking; June 13 to Theater by the Sea to see "Nunsense" with lunch included for a fee of \$80, This trip has minimal walking; June 18 Whale Watch from Boston, MA on a high speed catamaran with free time in Quincy Market afterwards and lunch on your own. This trip costs \$64, There is lots of walking; June 27 to Hyde Collection Museum in Glen Falls, NY for Georgia O'Keefe exhibit of the Lake George area and a guided tour of Saratoga. Lunch on your own. This trip has moderate walking. The trip fee is \$67; July 7 to see the Boston Pops Orchestra with Special Guest Vince Gill for a matinee performance at Tanglewood. Lunch is included prior to the concert. The trip fee is \$137; July 18 to Long Island Wine Country with lunch on your own in Greenport. This trip has moderate walking. The fee is \$77.

The following overnight trips are planned: August 26-28 to Atlantic City and Cape May. This trip includes Resorts Casino Bonus Package, Physick Estate and Cape May Trolley Tour. The cost is \$277 pp for double occupancy; September 9-10 to Ogunquit and Portland, ME to hear story teller and a 90 minute cruise of Portland Harbor, with Kittery shopping. The cost is \$259 for double occupancy; October 4-9 to Charleston, Savannah and Jekyll Island. This trip includes motor coach and airfare. It also includes passes to the 37th Annual Charleston Home and Garden Tour. The cost begins at \$2,229; December 10-12 to see a Miracle of Christmas at the Sight and Sound Millennium Theater in Strasburg, PA. The cost is \$421 for double occupancy; January 9-19, 2014 for a Hawaii Cruise Tour on NCL's Pride of America. A seven day cruise with seven shore excursions and two nights at the Marriott Waikiki Beach. The fee starts at \$3,999.

c. Programs.

(1) Senior Nutrition Program. Ms. Wilson informed the Commission two volunteer Meals-on-Wheels drivers will be leaving in May.

Monday Bistro is doing well.

(2) Senior Center Programs-Ongoing. Ms. Wilson reported the AARP Tax Aide Program for East Lyme has added Wednesdays.

Chair Yoga is well received. We need to eliminate Saturday Pickle Ball at the end of the month. She would like to use the lower parking lot for it.

(3) Senior Center Programs – New. Ms. Wilson informed the Commission she has a volunteer who is willing to give Chinese watercolor instructions. Fifteen individuals are interested in it.

A Matter of Balance Class will be held in April. This class will be held for four weeks. Six individuals would like to attend.

An Indoor bocce program will be held on Thursdays from 11:30 a.m. to 1:00 p.m.

The Coast Guard Concert was attended by approximately nine people. Each paid \$7 for transportation.

On April 22 at 9:30 a.m. the Bead Wire Bracelet Program will be held. Individuals taking part in this program will start and finish a bead wire bracelet.

d. Budget - General Fund, Revolving Account. The budget is expected to do ok.

e. Revenues - General Fund, Revolving Account. Revenues are doing well.

3. OLD BUSINESS

a. Budget Preparation for Fiscal Year 2013-2014. Ms. Wilson met with First Selectman Paul Formica and did not have to attend the Board of Selectmen Budget Hearing. She went before the Board of Finance. The Budget Referendum will be held in May.

b. Medical Transportation Grant Renewal. Ms. Wilson reported this grant is for Dial-a-Ride medical transportation. Individuals have a limited number of rides per year. We have added Griswold and Lisbon to the towns applying. The request is for \$250,000. This grant relieves the Town of transporting individuals for medical appointments.

c. Other Pertinent Business. There was no other pertinent business.

4. NEW BUSINESS

a. New Senior Center Transportation Brochure. Ms. Wilson has revised the transportation brochure to include having discussions with individuals not taking care of their personal hygiene, using strong perfume or after shave lotion or inappropriate conversation to enable her to stress the importance of consideration for others.

MOTION: Mr. Whritner moved to approve the Transportation Brochure, as presented. Seconded by Ilene Harris. (5-0) Unanimous

b. Information from Town Clerk's Office regarding Commissions. Lesley Blais, East Lyme Town Clerk, sent a memo regarding resignations and reappointments.

c. Focal Point Application. This application comes from Senior Resources and lets individuals know that you can come to the Senior Center to meet your recreation, transportation and social needs,

d. Other Pertinent Business. There was no discussion of other pertinent business.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

MOTION: Marge Caste moved to adjourn the April 8, 2013 Commission on Aging Regular Meeting at 6:45 p.m. Seconded by John Whritner. (5-0) Unanimous.

Respectfully submitted



Frances Gheri, Recording Secretary