

**COMMISSION ON AGING
REGULAR MEETING MINUTES
October 20, 2025**

RECEIVED FOR RECORD
EAST LYME, CT

2025 OCT 22 AM 11:15

Karen Williams
TOWN CLERK

Present: Margret Hughes
Wendy Fiore
Carol Coyle
Ilene Harris
Kevin McGowan
Joe Palazzo

Absent: Michael Bekech

Also Present: Kristen Caramanica, Director

1. PRELIMINARY BUSINESS

- a. Pledge of Allegiance.** The Pledge of Allegiance was observed.

Vice Chair Hughes called the October 20, 2025 Commission on Aging Regular Meeting to order at 5 p.m.

- b. Delegations.** There were no guests.

- c. Approval of Meeting Minutes September 8, 2025.** Ms. Hughes asked for additions, deletions, or corrections to the September 8, 2025 Commission on Aging Minutes.

MOTION (1): Ms. Harris moved to approve the September 8, 2025 Commission on Aging Minutes, as presented. Seconded by Ms. Coyle. Mr. Palazzo abstained from Voting. (5-0-1) Motion carried.

- d. Correspondence.** Two incident reports were received.

2. STATUS REPORT

- a. Transportation.** Ms. Caramanica reported she submitted the quarterly DOT report. It is time to sell the R-1 bus.

The senior busses are now parked at the Senior Center.

Ms. Caramanica informed the Commission another driver has been interviewed.

b. Senior Trips.

1. Enrichment Trips

1. October 17 Naugy Scenic Train, Thomaston, CT
2. October 30 Covered Bridges of New Hampshire
3. November 22 New York Botanical Garden Holiday Train Show, Manhattan, NY
4. December 6 Christmas Extravaganza, Reagle Music Theatre Players, Waltham, MA

5. December 10 Kenny & Dolly, Aqua Turf, Plantsville, CT

Overnight Trips. The following trips are planned:

1. Penn Dutch Christmas, December 3-5, 2025
2. Sunny Portugal featuring New Year's Eve in Maderia, December 27-January 6, 2026
3. Southern Caribbean Cruise, January 26-February 7, 2026 leaving from New Jersey and picked up in New London is full.
4. Greece Island Hopping, April 12-22, 2026
5. Alaska Land & Cruise, June 14-28, 2026
6. Exploring Scotland & Ireland, September 27 – October 9, 2026
7. Southern Charm Holiday, November 30-December 6, 2026

c.Programs: Ms. Caramanica reported all programs are doing well. The new Balance & Core class has fifty individuals attending. Mahjong lessons are going to be on Fridays from 11-1 starting November 7, 14, 21, December 5, 12 and 17.

Fire Protection will take place on October 21 at 10 a.m. The ROMEO Club is going to the Black Sheep on October 22nd at 11:30 a.m. Understanding Diabetes will take place on October 23 at 11 a.m. The Annual Lions Club Dinner to be held on October 29 at 6 p.m. is full. Medicare Know Before You Buy or Renew went well. Pickleball is doing well.

3.OLD BUSINESS

a. Transportation Survey. Ms. Caramanica stated 41 individuals completed the transportation survey.

b. Customer Satisfaction Survey. The Commission reviewed the Customer Satisfaction Survey last month.

c.Special Project. Ms. Caramanica reported the hallway has been painted and the divider was delivered. Four of the tables in the Day Room will go into the Olive Chendali Room. The carpets have been ordered for the entryway. Pictures from the painting group will be put up in the Day Room.

4.NEW BUSINESS

a. COA Meeting dates for 2026. The Commission reviewed a list of Commission on Aging meeting dates for 2026 to be held on the second Tuesday of each month, except October which will be held on October 19 due to a holiday conflict. There will be no meeting in July or August.

MOTION (2): **Ms. Harris moved to approve the meeting dates for 2026, as presented. Seconded by Mr. McGowan. (6-0) Unanimous.**

b. Budget Preparation of FY 26/27. Ms. Caramanica reported she is working on the upcoming budget.

5.EX OFFICIO REPORT Ms. Hardy was unable to be present and there was no report.

6.PUBLIC DISCUSSION. There were no guests.

7.BOARD RESPONSE There was nothing further to discuss.

8.ADJOURNMENT

MOTION (3): Ms. Harris moved to adjourn the Commission on Aging October 20, 2025 Regular Meeting at 5:35 p.m. Seconded by Ms. Coyle. (6-0) Unanimous.

Respectfully Submitted,

Frances Gheri, Recording Secretary