

# EAST LYME PARKS & RECREATION-10s4u

The #1 reason people quit tennis is because they don't have someone to play with. Our goal is to grow tennis by making it easier to practice, get matches, and lessons on your local courts. We are passionate about tennis and about helping others learn, improve and compete. Let us help you!



## EVENING TENNIS CLINICS & POINT-PLAY

Our clinics are being offered to both beginners, intermediate and advanced adults and children. The Junior and Adult Beginner/Intermediate clinics will provide fun drills and activities to motivate students while teaching the proper tennis strokes. The focus of each clinic will depend on the level and number of participants. The Point-Play clinics is a fun interactive competition. You will play with multiple partners emphasizing the use of offence in a doubles format. These are a great training tool for intermediate to advanced players.

<u>Ages</u>	<u>Dates</u>	<u>Days</u>	<u>Times</u>	<u>Fees</u>
6-8yr	6/28-8/3	M or W	4pm-5pm	\$120 (6-Weeks)
9-14yr	6/28-8/3	M or W	5pm-6pm	\$120 (6-Weeks)
Adults* (Beginner/Intermediate Clinic)	6/28-8/3	M or W	6pm-7pm	\$120 (6-Weeks)
Adults* (Point-Play)	6/28-	M & W	7pm-8pm	(\$25 per time)
Adults* (Point-Play)	6/28-	F	6pm-7pm	(\$25 per time)

TOURNAMENTS & OTHER CHALLENGES TBA

*Clinics may be canceled if there are too few participants. If space available we will accept prorated enrollments throughout sessions.  
\*Based upon instructor(s) approval, juniors maybe allowed to participate in adult clinics.*

## MORNING TENNIS PROGRAM FOR JUNIORS (8-12YR)

### Monday thru Thursday

This Morning Tennis Program takes place from 9am to 12pm, Monday thru Thursday (rain make-ups Fridays), on the off weeks of Skyhawks to provide 6-weeks of tennis! Juniors will focus on learning the fundamentals of the game. Balls in different colors will reduced pressure have been designed for each level of play and we teach tennis with a fun supportive style that kids (and parents) appreciate. A few of our tennis training focuses are: Learning proper forms, being a good sport, playing individually and as a team, setting small goals, fitness, scoring, and having fun.

<u>Dates</u>	<u>Days</u>	<u>Times</u>	<u>Fee</u>
7/12-7/15	M-Th	9am-12pm	\$150
7/26-7/29	M-Th	9am-12pm	\$150
8/2-8/5	M-Th	9am-12pm	\$150

## SEMI-PRIVATE & PRIVATE LESSONS

Private and Semi-Private tennis lessons are a great way to customize your tennis instruction. You can put together your own small group of friends in a semi-private lesson, or work on the specifics of your own game in a one-on-one private lesson. Semi-Private Groups and Private lessons can be done for the junior age group or adults. This is a great way to control your education environment. Please call/text for more information on scheduling and pricing of these options. We look forward to serving your group and individual tennis instructional needs.



CALL/TEXT TO REGISTER

860-510-2596

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