

**EAST LYME COMMISSION ON AGING
REGULAR MEETING MINUTES
MONDAY, MARCH 11th, 2019**

Present: Joe Palazzo, Chairman, Mike Bekech, Joan Bengtson, Marge Caste,
Ilene Harris, BB Smith

Also Present: Cathy Wilson, Senior Services Coordinator

Absent: John Whritner

1. PRELIMINARY BUSINESS

Chairman Palazzo called the Commission on Aging Regular Meeting of March 11, 2019 to order at 5:00 PM.

a. Pledge of Allegiance

The Pledge was observed.

b. Delegations

Mr. Palazzo called for delegations.

There were no delegations.

c. Approval of Meeting Minutes – February 11, 2019

Mr. Palazzo called for any corrections, additions or deletions to the Regular Minutes of the Commission of February 11, 2019.

****MOTION (1)**

Ms. Bengtson moved to approve the Regular Meeting Minutes of the Commission of February 11, 2019 as presented.

Ms. Caste seconded the motion.

Vote: 6 – 0 – 0. Motion passed.

FILED

d. Correspondence

There was no additional correspondence.

mar 14 20 19 AT 10:00 AM/PM
Karen Gulm
EAST LYME TOWN CLERK

2. STATUS REPORT

a. Transportation -

Ms. Wilson reported that the vehicles are all running well and the drivers are doing well. She noted that the BOE would be borrowing one of the vans on Thursday from 7:30 AM to 2:30 PM to bring some kids to Manchester for an event. She also noted that they are running up against how much assistance drivers should give their clients as some of the needs are sometimes not something that they can safely do.

Ms. Smith commented that typically it is not part of their driving requirements to physically get people in and out of their homes. There is also a fine line between assistance and danger.

There was some discussion on if they could obtain a portable ramp that could be rented or utilized by families who might have a temporary need of one to get family members in and out of their homes.

b. Senior Trips

(1) Enrichment Trips – Ms. Wilson reported on the following trips for April:

On Wednesday April 10 they will go to Latitude 41 in Mystic with shopping afterwards. The Trip fee is \$5.

On Wednesday April 27 they will take a trip out to the Tanger Outlets at Foxwoods with lunch. The Trip fee is \$5.

(2) Day/Overnight Trips – Ms. Wilson reported on the following upcoming day trips:

April 11, 2019 – MGM Springfield Casino in Springfield, MA with casino packet worth \$20 in slot play and \$10 food credit. Trip fee \$55. Registration has begun. Minimal walking.

May 7, 2019 – Wicked Tulips Flower Farm in Johnston, RI with lunch included. Trip fee is \$79. Registration has begun. Moderate Walking.

May 22, 2019 – Trip to Walkway over the Hudson and lunch at the Culinary Institute of America in Hyde Park, NY (Catarina de Medici) Trip fee is \$107. Registration has begun. Lots of walking.

June 11, 2019 – Take a professionally guided tour of Central Park in NYC with lunch included. Trip fee is \$100. Registration begins March 1. Lots of walking.

June 21, 2019 – Trip to the Newport Flower show at Rosecliff Mansion in Newport, RI with lunch/shopping on your own at the Wharf. Trip fee is \$49. Registration begins March 1. Moderate walking.

July 9, 2019 – Trip to Providence RI with shopping on Federal Hill, a Venetian gondola ride, tour of the city and lunch included. Trip fee is \$105. Registration begins April 1. Moderate walking.

July 17, 2019 – Trip to Old Harbor on Bock Island with ferry ride for a tour of the new wind farm. Lunch included. Trip fee is \$110. Registration begins April 1. Moderate walking.

August, 4, 2019 – Trip to Yankee Stadium to see a game between the Yankees vs. Red Sox. Trip fee is \$147. LIMITED SEATS available and they must be sold now. Includes a hot dog, and a beer, soda or water. Registration begins March 1. Moderate walking.

Upcoming overnight trips:

September 8-15, 2019 – Cruising Maine and Atlantic Canada on NCL's Escape. 8 days/7 nights. Transportation & transfers included. Prices start at \$1559pp double occupancy. Registration has begun.

September 15-22, 2019 – Guided tour of America's Cowboy Country to explore the west. 8 days/7 nights. Transportation & transfers included. Prices start at \$3599pp double occupancy. Registration has begun.

October 7-9, 2019 – Trip to Philadelphia with stops at the Museum of American Revolution, National Constitution Center and One Liberty Deck. Prices start at \$479pp double occupancy. Registration has begun.

October 29-November 9, 2019 – Guided tour of southern Italy & Sicily. 12 days/11 nights. Transportation and transfers included. Prices start at \$3799pp double occupancy. Registration has begun.

November 9-24, 2019 – Escorted NY to Panama Canal cruise on NCL's Norwegian Dawn w/partial transit of Canal. 16 days/15 nights. Transportation and transfers included. Prices start at \$2484pp double occupancy. Registration has begun.

December 29-January 2, 2020 - Pasadena CA and the Tournament of Roses Parade. 5 days/4 nights. Transportation and transfers included. Optional 3 night tour extension to Las Vegas. Prices start at \$2579pp double occupancy. Registration begins April 1.

February 6-9, 2020 – Quebec Winter Carnival with travel guide. 4 days/3 nights. Prices start at \$930pp double occupancy. Registration begins April 1.

March 2-8, 2020 – Iceland's Magical Northern Lights and tour of the country. Transportation and transfers included. Prices start at \$3699pp double occupancy. Registration begins April 1.

c. Programs

- (1) Senior Nutrition Program** – Ms. Wilson reported that the \$3 suggested donation charge was reduced to \$2. The kitchen had a quarterly inspection and came out fine. Also, the MOW lunch changes that she had noted last month are now in effect. They are trying to deliver something each day so that people are not overwhelmed and it is divided up equally (Monday thru Thursday delivery) with the weekly supplies that they are providing (quarts of milk, half loaves of bread, pats of butter and a dessert). She noted that TVCCA holds a fundraiser in May – 'Carnival'. They have also moved things around in the kitchen area to allow for more space. Additionally she wants to keep the back door locked to stop the excessive foot traffic through that area.
- (2) Senior Center Programs - Ongoing** – Ms. Wilson reported that the programs were doing well. Chair Yoga is still an issue with a small room and the people currently enrolled wanting to renew which does not allow for many new people. She said that she is also reviewing all of the programs.
- (3) Senior Center Programs - New** – Ms. Wilson reported that they were approached about having a class on song writing and also some on paper drafts. Due to the space limitation they are exploring smaller classes.

d. Budget – General Fund, Revolving Account

Ms. Wilson reported that the budget is doing fine and is on track.

e. Revenues – General Fund, Revolving Account

Ms. Wilson reported that the revenues are also doing well.

3. OLD BUSINESS

a. New Registration Software

Ms. Wilson reported that the new software 'Schedules Plus' is currently in place and they are uploading the information to it. This software will also handle the rides daily schedule as well as the trips which should help them out a great deal. The RecTrac program that they share with Parks & Rec will go away on April 1.

b. Rebranding of the Senior Center

Ms. Wilson said that she has not had the time with the new software to work on this.

c. Phones for Senior Center Drivers

Ms. Wilson reported that her full time driver has the app and that they will put others on next week. They will have them stop calling the office next week and see how that goes. The app will let the drivers cell

phones come up as 'EL Senior Center' or 'Bus Driver' so the client will know who is calling them. They will try it until July 1 and go from there.

d. Review of Proposed Budget for FY19/20

Ms. Wilson said that her budget had made it through the Board of Selectmen okay and that the next step is to go before the Board of Finance on April 2, 2019. They are welcome to attend. The meeting starts at 6:30 PM.

e. New Newsletter Design & Contract

Ms. Wilson said that they signed the new contract with Liturgical Services and the newsletter will be 12 pages and all in color. They will use the calendar style for the center page.

f. Other Pertinent Business

There was none.

4. NEW BUSINESS

a. 5310 Grant Application

Ms. Wilson explained that this is the way for non-profit groups to get vehicles. She will be writing one to try to replace R-2 which has over 100,000 miles on it. The grant is an 80/20 split with the Town paying the 20%.

b. Status of Dial-a-Ride Grant and Application for Next Year

Ms. Wilson said that this grant helps Towns within the area with medical transportation. It has expanded to Towns further out which allows them to go further out. The program has exploded and consequently they cannot do anymore through the end of this fiscal year. In the next fiscal year they will have to limit the number of round trips that they can provide as they have some 500 applicants for this program.

c. Status of CD at Dime Bank

Ms. Wilson reported that this \$75,000 CD has matured and has earned \$2,399.40 in interest. She asked if they could like to invest in another CD for 2-3 years with the interest intact or put the interest into the Parahus checking account.

****MOTION (2)**

Ms. Smith moved to roll the \$2,399.40 interest back into the new CD with the initial \$75,000.

Ms. Caste seconded the motion.

Vote: 6 – 0 – 0. Motion passed.

d. Other Pertinent Business

There was none.

5. PUBLIC DISCUSSION

There was no public discussion.

6. BOARD RESPONSE

There was no public discussion.

7. ADJOURNMENT

****MOTION (3)**

Ms. Smith moved to adjourn the Commission on Aging Regular Meeting of March 11, 2019 at 5:52 PM.

Ms. Caste seconded the motion.

Vote: 6 – 0 – 0. Motion passed.

Respectfully submitted,

Karen Zmitruk, Recording Secretary, Pro-tem