

**COMMISSION ON AGING  
REGULAR MEETING  
SEPTEMBER 10, 2018**

**Present:** Joe Palazzo  
John Whritner  
Marge Caste  
BB Smith  
Mike Bekech  
Joan Bengtson  
Ilene Harris

FILED IN EAST LYME  
CONNECTICUT  
Sept 12, 2018 AT 11:36 AM/PM  
B. Bengtson ATC  
EAST LYME TOWN CLERK

**Also Present:** Cathy Wilson, Senior Center Director

**1. PRELIMINARY BUSINESS**

- a. Pledge of Allegiance. The Pledge of Allegiance was observed.
- b. Delegations. There were no guests.
- c. Minutes of July 9, 2018. Chairman Palazzo asked for additions, corrections or deletions to the July 9, 2018 Commission on Aging Minutes.

**MOTION (1): BB Smith moved to approve the July 9, 2018 Commission on Aging Minutes, as presented. Seconded by Ms. Bengtson. (7-0) Unanimous.**

- d. Correspondence. No correspondence was received.

**2. STATUS REPORT**

- a. Transportation. Ms. Wilson reported reported the two older vehicles passed the state vehicle registration. The registration information was sent to DMV. Transportation is very busy. The R-3 was involved in an accident. It is now at the Town Garage.

**b. Senior Trips.**

**1. Enrichment Trips.** October 10 for lunch at Lenny & Joe's Fish Tale in Westbrook with shopping afterwards. The trip fee is \$5. On October 24 to Pumpkintown, USA in East Hampton for a thirty-minute hayride and a visit to their village. Lunch beforehand at Rossini's Restaurant in East Hampton. Admission to Pumpkintown is \$13pp and the trip fee is \$5. October 10 for lunch at Lenny & Joe's Fish Tale in Westbrook with shopping afterwards. The trip fee is \$5.

**2. Day/Overnight Trips.** October 23 to Roger Williams Zoo in Providence, RI for the Jack O'Lantern Spectacular with time prior to the zoo at the Providence Place Mall for dinner/shopping. The trip fee is \$66pp. November 1 to Mohegan Sun Casino for a trip fee of \$22. November 4 to Warner Theatre in Torrington, CT to see "Newsies" with lunch included for a trip fee of \$100. November 12 to a USO Show at Aqua Turf in Plainville, Ct. with lunch included for a trip fee of \$72 pp. December 4 for the Radio City Christmas Spectacular with lunch included for a trip fee of \$167.

October 17-19, 2018 to Lancaster, PA to visit the Sight & Sound Millennial Theatre for the production of "Jesus" for three days and two nights. The trip fee is \$595/double, \$545/triple,

\$745/single. May 5-12, 2019 for an escorted Bermuda cruise on the Celebrity Summit for 8 days and 7 nights. Transportation to pier is included. Prices begin at \$1,437pp for double occupancy. August 22-September 1, 2019 for an escorted Trans-Atlantic cruise from London on the Queen Mary 2 for 11 days and 10 nights with transportation and transfers included. Prices start at \$3,883pp. September 15-22, 2019 for a guided tour of America's Cowboy Country to explore the West for 8 days and 7 nights with transportation and transfers included. Prices start at \$3,599pp double occupancy. October 29-November 9 for a guided tour of Southern Italy and Sicily for 12 days and 11 nights with transportation and transfers included. Prices start at \$3,799pp for double occupancy. November 9-24, 2019 for an escorted trip to NY for Panama Canal cruise on NCL's Norwegian Dawn w/partial transit of Canal for 16 days and 15 nights with transportation and transfers included. Prices start at \$2,484pp double occupancy.

**c. Programs.**

**1. Senior Nutrition Program.** Ms. Wilson reported the Senior Nutrition Program has hired a new Director.

**2. Senior Center Programs – Ongoing.** Ongoing programs are doing fine.

**3. Senior Center Programs – New.** Ms. Wilson reported the foot clinic is very popular. Jam sessions are enjoyed by all and Tech support with high school students is enjoyed by seniors and students. BB Smith felt you may want the Jam sessions to continue even when classes are in session. Mr. Palazzo suggested that they play during lunch. Ms. Wilson stated the Chorus group has sung at Assisted Living and Convalescent homes.

**d. Budget – General Fund, Revolving Account.** Ms. Wilson reported the budget is doing fine.

**e. Revenues – General Fund, Revolving Account.** Revenues are doing fine.

**3. OLD BUSINESS**

**a. New Registration Software.** The Commission reviewed two quotes for new registration software. Ms. Wilson will receive a third quote. BB Smith suggested determining what type of software other senior centers are using.

**b. Chair Yoga Issues – Pass Classes vs. Session Classes.** Ms. Wilson has received complaints that Chair Yoga is crowded. The participant is now asked what time they wish to attend. Classes begin at 8:30 a.m. or 9:30 a.m.

**c. Rebranding of the Senior Center.** Ms. Wilson plans to obtain information on Nicholas Parahus in order to recognize him at the Senior Center. She would like to name the center on the outside of the building the East Lyme Senior Center to make it easier to find us.

**d. Laptop Replacement for Director.** Ms. Wilson informed the Commission she will receive a new laptop. One half of the cost will be taken from the Commission on Aging budget and one half will be taken from the General Fund.

**e. Other Pertinent Business.** Ms. Caste asked if the drama group will have another program? Ms. Wilson replied they will on the first weekend in December. The summer stock at McCook's went very well.

**4. NEW BUSINESS**

**a. Vacation of Director.** Ms. Wilson informed the Commission she will be on vacation beginning tomorrow afternoon and returning on September 26.

**b. Other Pertinent Business.** Ms. Harris suggested considering hosting a Life Long Learning session affiliated with a college.

**5. PUBLIC DISCUSSION**

There were no guests.

**6. BOARD RESPONSE**

No guests were present.

**7. ADJOURNMENT**

**MOTION (2): Mr. Whritner moved to adjourn the Commission on Aging Regular Meeting of September 10, 2018 at 5:40 pm. Seconded by Ms. Bengston. (7-0) Unanimous.**

Respectfully submitted,

Frances Gheri, Recording Secretary