

COMMISSION ON AGING
REGULAR MEETING
JULY 9, 2018

Present: Joe Palazzo
John Whritner
Marge Caste
BB Smith
Mike Bekech
Joan Bengtson
Ilene Harris

FILED IN EAST LYME
CONNECTICUT
July 11, 2018 AT 12:55 AM/PM
braxe [signature] ATC
EAST LYME TOWN CLERK

Also Present: Cathy Wilson, Senior Center Director
Rose Ann Hardy, Ex officio

1. PRELIMINARY BUSINESS

- a. Pledge of Allegiance. The Pledge of Allegiance was observed.
- b. Delegations. There were no guests.
- c. Minutes of June 11, 2018. Chairman Palazzo asked for additions, corrections or deletions to the June 11, 2018 Commission on Aging Minutes.

MOTION (1): Mr. Bekech moved to approve the June 11, 2018 Commission on Aging Minutes, as presented. Seconded by Ms. Caste. Mr. Whritner abstained from voting. (6-0-1) Motion carried.

- d. Correspondence. No correspondence was received.

2. STATUS REPORT

- a. Transportation. Ms. Wilson reported all vehicles will be taken to the garage for quarterly reports. Transportation is very busy. All drivers are doing fine.

Several individuals are traveling on the bus with aides. Since there are only 12 seats on the bus, she stated we are unable to accommodate all requests. She distributed information on its daily use as well as the hours for each of the drivers. Ms. Hardy asked if the requests for transportation are from individuals who own a home or live at senior housing. Ms. Wilson replied most own homes. Ms. Hardy asked if transportation is a larger problem during the summer months? Ms. Wilson replied most are year-round residents.

b. Senior Trips.

1. Enrichment Trips. On August 8th, a trip is planned to The Back Porch for \$5pp. On August 22nd, a trip is planned on the Cross Sound Ferry for a lighthouse tour. That trip will cost \$35pp.
2. Day/Overnight Trips. On July 26 to see New York City on board the Circle Line as we take a three-hour cruise that circumnavigates Manhattan. Lunch is not included but we will stop at Chelsea Market before the cruise to grab a bite. The trip fee is \$96. On August 14th, a trip to the Lenz Winery in LI is planned. The trip fee is \$88pp. On August 21st, a trip to Gloucester, MA for a whale watch is scheduled. The trip fee is \$82pp. On Thursday, September 6th, a trip to Theater by the Sea is planned to see "Chicago". The trip fee is \$84pp. On Wednesday, September 19th, a trip is planned to The Big E in Springfield, MA. The trip fee is \$46pp. On Sunday, November 4th, a trip to the Warner Theatre is scheduled to see "Newsies".

~~\$46pp. On Sunday, November 4th, a trip to the Warner Theatre is scheduled to see "Newsies". The trip fee is \$100pp. On Monday, November 12th, a trip is scheduled for the Aqua Turf to see their USO Show. The trip fee is \$72pp. On Tuesday, December 4th, a trip to Radio City Musical Hall is scheduled for their Christmas Spectacular. The trip fee is \$167pp.~~

August 27-28, 2018 to see the Canadian Niagara Falls for three days, two nights for a tour which includes the Hornblower Cruise. \$679/double, \$619 triple, \$929 single.

October 15-25, 2018 for an escorted tour of the Imperial Cities featuring Prague, Vienna and Budapest. The cost is \$3,649/double; \$4,299/single; \$3,619 triple (travel insurance is not included). On October 17-19 for our annual trip to Lancaster, PA to visit the Sight & Sound Millennial Theatre for the production of "Jesus" 3 days and 2 nights for a cost of \$595/double; \$545/triple, \$745/single. November 27-29, 2018 to Stowe, VT to the Trapp family Lodge for 3 days and two nights which includes guided tour of Stowe, Ben & Jerry Factory Tour, and the Trapp Family History tour. \$601/double or triple, \$781/single.

c. Programs.

1. Senior Nutrition Program. Ms. Wilson reported the Senior Nutrition Program is trying to hire a new Director. Ms. Wilson passed the Serve Safe Certification. Her staff will also complete the Serve Safe Certification.

2. Senior Center Programs – Ongoing. Ongoing programs are doing fine.

3. Senior Center Programs – New. Mr. Palazzo reported the Casino is offering on Monday a 2-1 buffet for breakfast or dinner.

d. Budget – General Fund, Revolving Account. Ms. Wilson reported expenses are within budget.

e. Revenues – General Fund, Revolving Account. Revenues are doing o.k.

3. OLD BUSINESS

a. New Registration Software. Ms. Wilson informed the Commission she received two quotes for new registration software. LPI was \$5,000 and Schedule Plus was \$1,000. She will be obtaining one more quote. Ms. Caste suggested that Ms. Wilson contact the Old Lyme Senior Center regarding their experience with software. The Commission will consider this purchase at a special meeting in August.

b. Chair Yoga Issues – Pass Classes vs. Session Classes. Ms. Wilson reported in July the Senior Center will transition from pass classes to a session class. Presently passes expire after one year. When individuals purchase a pass, we have no way of knowing how many will attend on a particular day. She has received complaints that it is crowded. She would like to change the pass classes to session classes where those attending will be asked what time they wish to attend. Ms. Harris suggested a drop-in fee. Ms. Wilson felt there was not enough room to offer it.

c. Other Pertinent Business. There was no discussion of other pertinent business.

4. NEW BUSINESS

a. Laptop Replacement for Director. Ms. Wilson informed the Commission her laptop is not working well, and she needs a new laptop, because she travels to various senior housing throughout the year. She has been offered a desk top but does not feel that would serve her purpose.

b. Rebranding of the Senior Center. Ms. Wilson suggested changing the name of the Senior Center to the East Lyme Senior Center so people will know where we are. She suggested naming the main room in the Senior Center the Nicholas Parahus room. Ms. Hardy suggested using both names on the outside of the building. She felt this building would not exist if it were not for Mr. Parahus, and there would not be a Nicholas Parahus fund. Ms. Wilson asked how

Wilson replied this Commission and its recommendation is then forwarded to the Board of Selectmen. Mr. Whritner stated he liked the idea of honoring Mr. Parahus in the main room of the Senior Center. BB Smith suggested bringing his photograph into the main room and displaying information on how he impacted the community. Ms. Hardy felt this change would have a loss of history. Mr. Palazzo suggested asking his son to give information about him.

~~c. Other Pertinent Business. There was no discussion of other pertinent business.~~

5. PUBLIC DISCUSSION

There were no guests.

6. BOARD RESPONSE

No guests were present.

7. ADJOURNMENT

MOTION (2): Ms. Harris moved to adjourn the Commission on Aging Regular Meeting of April 9, 2018 at 6:00 pm. Seconded by Ms. Bengston. (7-0) Unanimous.

Respectfully submitted,

Frances Gheri, Recording Secretary