# **COMMISSION ON AGING** REGULAR MEETING **APRIL 9, 2018**

Present:

Joe Palazzo

John Whritner **Marge Caste** 

**BB** Smith Mike Bekech Joan Bengtson

**Ilene Harris** 

**FILED** 

Also Present: Cathy Wilson, Senior Center Director

Rose Ann Hardy, Ex officio

## 1. PRELIMINARY BUSINESS

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. **Delegations.** There were no guests.

c. Minutes of March 12, 2018. Chairman Palazzo asked for additions, corrections or deletions to the March 12, 2018 Commission on Aging Minutes.

MOTION (1):

Mr. Whritner moved to approve the March 12, 2018 Commission on Aging Minutes, as presented. Seconded by Ms. Bengtson. Ms. Harris abstained from

voting. (6-0-1) Motion carried.

## 2. STATUS REPORT

**a.** Transportation. Ms. Wilson reported all vehicles and drivers are fine.

# b. Senior Trips.

1. Enrichment Trips. On May 9 a lunch trip to the Steak Loft in Mystic. Shopping to follow. The trip fee is \$5. On May 23 a lunch trip to Breakwater in Stonington. Shopping to follow. Trip fee is \$5.

2. Day/Overnight Trips. On May 5 to New York City has been cancelled due to low registration. On May 9 to see a production of "Sister Act" at the Westchester Broadway Theatre in Elmsford, NY. Lunch is included for a trip fee of \$99 pp. On May 24 for a trip to visit the Berkshire Botanical Garden of MA and lunch on your own at Barrington Brewery and a tour of Chesterwood, the home, studio and gardens of Daniel Chester French. The trip fee is \$85 pp. On June 9 for an escorted tour of the New York Public Library and the Morgan Library with lunch on your own at the Grand Central Terminal food court. The trip fee is \$94 pp. On June 22 for a trip to the Newport Flower Show at Rosecliff Mansion in Newport with lunch/shopping on your own at the Wharf. The trip fee is \$49 pp. July 10 a trip spend a day learning about one of our historic cities Boston with a escorted tour of Harvard, lunch is included at the Hong Kong Restaurant and then on to an afternoon ride on the famous Boston Duck Tour. The trip fee is \$97. On July 26 to see New York City on board the Circle Line as we take a three hour cruise that circumnavigates Manhattan. Lunch is not included but we will stop at Chelsea Market before the cruise to grab a bite. The trip fee is \$96.

August 27-28, 2018 to see the Canadian Niagara Falls for three days, two nights for a tour which includes the Hornblower Cruise. \$679/double, \$619 triple, \$929 single.

October 15-25, 2018 for an escorted tour of the Imperial Cities featuring Prague, Vienna and Budapest. The cost is \$3,649/double; \$4,299/single; \$3,619 triple (travel insurance is not included). On October 17-19 for our annual trip to Lancaster, PA to visit the Sight & Sound Millennial Theatre for the production of "Jesus" 3 days and 2 nights for a cost of \$595/double; \$545/triple, \$745/single. November 27-29, 2018 to Stowe, VT to the Trapp family Lodge for 3 days and two nights which includes guided tour of Stowe, Ben & Jerry Factory Tour, and the Trapp Family History tour. \$601/double or triple, \$781/single.

# c. Programs.

- 1. Senior Nutrition Program. Ms. Wilson reported on Mondays attendance is very low. Meal-on-Wheels is fine.
- 2. Senior Center Programs Ongoing. Ms. Wilson informed the Commission Carnivale will be held on April 18, 2018 at 5:30 p.m. at Mohegan Casino in the Uncas Ballroom to benefit Meal-on-Wheels. If you register through the Senior Center the cost is \$50.
- 3. Senior Center Programs New, Ms. Wilson reported the Tax Program is full until the end of February. She had to add a second Tax Program. In April she will offer a program of one-half hour of massage therapy. The Senior Center is limited in space so she will try new programs for 4-6 weeks.
- d. Budget General Fund, Revolving Account. Ms. Wilson reported expenses are within budget.
- e. <u>Revenues General Fund, Revolving Account.</u> Revenues are doing o.k. Since fall the credit card machine has been used.

## 3. OLD BUSINESS

- **a.** <u>Budget Review for FY18/19.</u> Messrs. Bekech and Whritner attended the April 5 Board of Finance with Ms. Wilson for review of the Commission on Aging budget. There were no cuts.
- b. Other Pertinent Business. The Regional Website is being used as a resource.

## 4. NEW BUSINESS

- **a.** Outdoor Adventure Club. The Connecticut Association of Senior Center Personnel gave information on program ideas. She will request information on regional transportation. BB Smith felt seniors who are interested in this program may wish to carpool.
- **b.** <u>Incident Reports.</u> The Commission reviewed two incident reports. Ms. Wilson stated everyone is ok.
- **c.** Other Pertinent Business. Ms. Wilson reported the High School is under construction there will be no access to the gym. Suggestions to an alternate gym location were discussed.

## 5. PUBLIC DISCUSSION

There were no guests.

## 6. BOARD RESPONSE

No guests were present.

## 7. ADJOURNMENT

MOTION (2): Ms. Bengston moved to adjourn the Commission on Aging Regular Meeting of April 9, 2018 at 5:30 pm. Seconded by Ms. Harris. (7-0) Unanimous.

Respectfully submitted,

Frances Ghersi, Recording Secretary