

**COMMISSION ON AGING
REGULAR MEETING
MARCH 12, 2018**

Present: Joe Palazzo
John Whritner
Marge Caste
BB Smith
Mike Bekech
Joan Bengtson

FILED IN EAST LYME
CONNECTICUT
Mar 14 2018 AT 2:24 AM (PM)
Bradley D. Owen ATC
EAST LYME TOWN CLERK

Absent: Ilene Harris

Also Present: Cathy Wilson, Senior Center Director
Rose Ann Hardy, Ex officio

1. PRELIMINARY BUSINESS

- a. **Pledge of Allegiance.** The Pledge of Allegiance was observed.
- b. **Delegations.** There were no guests.
- c. **Minutes of February 12, 2018.** Chairman Palazzo asked for additions, corrections or deletions to the February 12, 2018 Commission on Aging Minutes.

MOTION (1): Mr. Whritner moved to approve the February 12, 2018 Commission on Aging Minutes, as presented. Seconded by Mr. Mr. Bekech. BB Smith abstained from voting. (5-0-1) Motion carried.

2. STATUS REPORT

- a. **Transportation.** Ms. Wilson reported all vehicles and drivers are fine. Next year she plans to apply for the 5310 Grant. The R-2 has the most miles. The R-3 is newer and has less miles but has body rust issues. Transportation is very busy.
- b. **Senior Trips.**
 1. Enrichment Trips. On April 11 for a lunch trip to Christy's in Madison with shopping to follow for a trip fee of \$5. On April 25 a lunch trip to Grasso Tech with shopping to follow for a trip fee of \$5. Lunch at Grasso Tech is \$7.75 pp.
 2. Day/Overnight Trips. On April 5 to Mohegan Sun Casino for a trip fee of \$22. On April 24 for a guided tour of the Norman Rockwell Museum in Stockbridge, MA. Lunch at Michael's Restaurant beforehand. The trip fee is \$79 pp. On May 5 to New York City on your own for a trip fee of \$48 pp. Lunch is not included. On May 9 to see a production of "Sister Act" at the Westchester Broadway Theatre in Elmsford, NY. Lunch is included for a trip fee of \$99 pp. On May 24 for a trip to visit the Berkshire Botanical Garden and lunch on your own at Barrington Brewery and a tour of Chesterwood, the home, studio and gardens of Daniel Chester French. The trip fee is \$85 pp. On June 9 for an escorted tour of the New York Public Library and the Morgan Library with lunch on your own at the Grand Central Terminal food court. The trip fee is \$94 pp. On June 22 for a trip to the Newport Flower Show at Rosecliff Mansion in Newport with lunch/shopping on your own at the Wharf. The trip fee is \$49 pp.

October 15-25, 2018 for an escorted tour of the Imperial Cities featuring Prague, Vienna and Budapest. The cost is \$3,649/double; \$4,299/single; \$3,619 triple (travel insurance is not included). On October 17-19 for our annual trip to Lancaster, PA to visit the Sight & Sound Millennial Theatre for the production of "Jesus" 3 days and 2 nights for a cost of \$595/double; \$545/triple, \$745/single.

c. Programs.

1. Senior Nutrition Program. Ms. Wilson reported that due to weather conditions, the Senior Nutrition Program has been sending out food for several days when appropriate. The kitchen volunteers and the Meals-on-Wheels volunteer drivers have been terrific dealing with the extra work.
2. Senior Center Programs – Ongoing. Ms. Wilson reported attendance has been lower in the winter months.
3. Senior Center Programs – New. Ms. Wilson stated there is a waiting list of ten individuals for the Tax Program. She will offer a program of one-half hour of massage therapy.

d. Budget – General Fund, Revolving Account. Ms. Wilson reported expenses are within budget.

e. Revenues – General Fund, Revolving Account. There has been a reduction in revenue due to the weather and lower attendance.

3. OLD BUSINESS

a. Budget Request Review for FY18/19. Ms. Wilson informed the Commission she and Mr. Bekech went to the Board of Selectmen for the Commission on Aging budget hearing. On April 5 at 6:30 p.m. the Board of Finance will review the Commission on Aging budget. All Commission members were invited to attend.

b. Other Pertinent Business. There was no other pertinent old business.

4. NEW BUSINESS

a. Proposed Expenditures from the Parahus Account. Ms. Wilson ordered kitchen supplies last month with the approval of funds from the Parahus Account. One item that was ordered was a commercial can opener. However the model requested was no longer available—only a more expensive model is available but that would have brought the order total over the \$350 approved amount. Upon discussion with the Finance Director, she suggested using the funds that were left over from the kitchen appliance purchases. This would use up funds already approved on a previous purchase order and keep the current purchase order intact.

b. Annual Report for FY 16/17. Ms. Wilson distributed copies of the Annual Report for review by Commission members. No revisions were suggested.

c. Dial-a-Ride Grant. Ms. Wilson reported Dial-a-Ride is such a benefit to the nine towns participating. An application will be submitted in the next few weeks.

d. New FDA Food Code for July 1, 2018. Ms. Wilson informed the Commission training is needed on the new regulations regarding food. She and her staff will take training in the summer.

e. Other Pertinent Business. Ms. Wilson informed the Commission the Town Hall will be closed tomorrow due to weather conditions.

She will be on vacation the last two weeks in March.

Mr. Bekech reported during the budget meeting there was discussion on what will happen if the \$10,000 funding for SEAT transportation is not funded. It was felt that the individuals riding the SEAT buses are not seniors.

5. PUBLIC DISCUSSION

There were no guests.

6. BOARD RESPONSE

No guests were present.

7. AJOURNMENT

MOTION (2): Mr. Whritner moved to adjourn the Commission on Aging Regular Meeting of March 12, 2018 at 5:20 pm. Seconded by Ms. Caste. (6-0) Unanimous.

Respectfully submitted,

Frances Gheri, Recording Secretary