

Commission on Aging Regular Meeting Minutes
April 10, 2017

Present: Joe Palazzo
John Whritner
Mike Bekech
BB Smith
Marge Caste

Absent: Joan Bengtson
Ilene Harris

FILED

APR 12 2017 AT 2:05 AM (PM)
Kara Galbo, ATC
EAST LYME TOWN CLERK

Also Present: Cathy Wilson, Senior Center Director

1. PRELIMINARY BUSINESS

Chairman Palazzo called the Commission on Aging Regular Meeting of April 10, 2017 to order at 5:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. Delegations. There were no guests.

c. Approval of Meeting Minutes - March 13, 2017. Mr. Palazzo asked for additions, corrections or deletions to the March 13, 2017 Commission on Aging Minutes.

MOTION (1): Ms. Caste moved to accept the March 13, 2017 Commission on Aging Regular Meeting Minutes, as presented. Seconded by Mr. Bekech. Mr. Palazzo abstained from voting. (4-0-1) Motion carried.

d. Correspondence. There was no correspondence.

2. STATUS REPORT

a. Transportation. Ms. Wilson reported R2 and R3 have gone in for quarterly reviews. R1 will go in this week for its quarterly review.

This week will be first week her full time driver is scheduled to work full days since September 2016.

On April 12 Ms. Wilson will go to DOT for a pre-procurement meeting. On April 19 we will place our order. She expects a new vehicle in the fall of 2017.

She plans to begin working on paperwork for the Dial-a-Ride grant.

b. Senior Trips.

(1) Enrichment Trips. The following enrichment trips are planned: A lunch trip on April 12 to the New Taza Grill Middle Eastern Grill in Niantic, and on April 26 for a lunch trip to Fllomena's in Waterford, CT, on May 10 for a lunch trip to the Log Cabin in Clinton, CT and on May 24 for a lunch trip to the Dog Watch Cafe in Stonington, CT. Each are for a trip fee of \$3.

(2) Day/Overnight Trips. The following day trips are planned: April 12 to see "Mamma Mia" at the Westchester Broadway Theatre in Elmsford, NY with lunch included for a trip fee of \$97 pp. April 29 to New York City on your own for a trip fee of \$48 pp. No meal is included in the trip price. May 9 to One World Observatory at One World Trade Center with lunch on your own at Brookfield Place for a trip fee of \$88. May 25 for a trip to the Boston Museum of Fine Arts for a guided tour of the Matisse Exhibit. The trip fee is \$68. On June 19 a trip to Boston Harbor for the return of the Tall Ships. Lunch is included for a trip fee of \$119. On June 23 to the Newport Flower Show at Rosecliff Mansion in Newport with lunch and shopping on your own for a trip fee of \$46. On July 11 to New Bedford, MA for a guided walking tour of the New Bedford Whaling National Historical Park and in the p.m. for a guided tour of the New Bedford Whaling Museum. On July 27 to the Gilded Age of the Berkshires including a tour of Ventford Hall and Naumkeag with lunch at the Mount for a trip fee of \$107. On August 8 for a tour of Pindar Winery on Long Island and on August 24 to see "The Producers" at Theater by the Sea.

The following overnight trips are planned: On May 28 - June 5, 2017 Steamboatin' on the Mississippi River aboard the American Queen paddleboat for 9 days and 8 nights. The trip fees are from \$3,068 to \$5,468 with taxes included. On June 29-30, 2017 to Ogunquit and Portland, ME for one night and two days with a guided tour of Portland, Lighthouse Cruise of Casco Bay included. \$309/double, \$379/single, \$299 triple. On September 8-10 for three days and two nights includes Potomac River Cruise, Museum of African American History and more \$523/double, \$693/single, \$473 triple. On October 1-11, 2017 for a Fall Foliage Cruise in New England, Canada and Newfoundland with Royal Caribbean for 11 days and 10 nights. Trip fees from \$1520 to \$2620 with taxes included. October 2-4 to see "Jonah" at the Sight and Sound Theatre in Lancaster, Pennsylvania; October 24 through November 8, 2017 for an escorted Panama Canal Cruise on Celebrity's Infinity. This trip is full. November 4-15 for an escorted tour of Croatia, Slovenia and the Adriatic Coast. The trip fees are from \$3,369 to \$3,899. Travel insurance is not included. January 28-February 9, 2018 Southern Caribbean Cruise on Royal Caribbean Anthem of the Seas for 13 days and 12 nights. No Fly - Get on board at NJ Pier. The trip fees are from \$1799 to \$2,019.

c. Programs.

Ms. Wilson reported Ledge Light presented a safe handling for food presentation for staff. Kitchen volunteers were invited to attend.

Ms. Wilson suggested naming the kitchen after the gentleman who left money in his Will to the Senior Center. She suggested "Bob's Kitchen". BB Smith suggested putting his

name on a plaque. Mr. Whritner felt there may be other opportunities to add names to a plaque.

(1) Senior Nutrition Program. Ms. Wilson reported she has seen little interest in the Bistro meals. She has contacted TVCCA to inform them she is considering dropping the Bistro Program. Since we have no Site Server, they have no problem with us dropping it. TVCCA is considering returning to Monday through Friday. Mr. Palazzo felt we can try having our own Bistro meals. He suggested getting supplies from the High School.

**MOTION (2): John Whritner moved to notify TVCCA that we
will eliminate the Bistro Program in May.
Seconded by BB Smith. (5-0) Unanimous.**

(2) Senior Center Programs-Ongoing. Ms. Wilson plans to meet with instructors to update them on the current status of our budget.

(3) Senior Center Programs – New. Ms. Wilson stated she will try Ballroom Line Dancing in May. The cost will be \$34 per person for residents for eight classes and \$38 for non-residents. Verizon wireless would like to train individuals on using cell phone and tablets. The East Lyme Players in June will perform "Fools". Shred Day will be held on May 6 from 9 a.m. to noon in the parking lot. A tea for 90+ will be held on May 19. We will have a Memorial Day Luncheon on May 26 and a dance on May 5.

d. Budget - General Fund, Revolving Account. Ms. Wilson reported her part-time driver account is low. Overnight trips depend on participation. There are times when we have a trip Ms. Wilson pays out of her budget for the bus and tickets. She then bills Waterford and Lyme and that money goes into the Revolving Account but does not increase the line item. She will discuss this with the Finance Director because Ms. Wilson feels it should reimburse her line item.

e. Revenues - General Fund, Revolving Account. Revenues are doing well.

3. OLD BUSINESS

a. Budget Process for FY 17/18. Ms. Wilson submitted the budget.

b. Service/Therapy Animals- Adoption of Policy. Ms. Wilson reported at the present time we only allow Service dogs. A note from a doctor is needed. The dog must be licensed, leashed, under control and house broken. Ms. Smith felt we need to know if the dog has had its rabies shot. Ms. Wilson felt you cannot get a license unless the dog has had a rabies shot. Commission members reviewed her Service Animals and Therapy Animals Policy. Mr. Whritner suggested that it be reviewed by the Board of Selectmen prior to implementing it.

**MOTION (3): Mr. Whritner moved that subject to review and
approval by the Board of Selectmen we accept
the Service Animals and Therapy Animals Policy**

**for the Senior Center. Seconded by BB Smith.
(5-0) Unanimous.**

c. Replacement of ELCC Kitchen Appliances. Ms. Wilson reported she has received three quotes the cost ranging from \$8500 to \$10,000 for the kitchen appliances. The Lions have committed to \$3,000. Space is an issue and solutions have been considered. We need to know the cost of plumbing. Ms. Caste suggested a Super Bowl fundraiser.

d. Smoking on the ELCC Grounds-Adoption of a Policy. The Commission reviewed Prohibition of Tobacco Use at the East Lyme Community Center.

MOTION (4): Mr. Whritner moved to adopt a No Smoking Policy for the Community Center, effective July 1. Seconded by Ms. Caste. (5-0) Unanimous.

e. Other Pertinent Business. There was no discussion of other pertinent business.

4. NEW BUSINESS

a. Parking Lot Re-Configuration. Ms. Wilson informed the Commission the islands will be removed to give more space for drivers. They plan to replace the trees.

b. Registration Policy. Ms. Wilson updated the Board on the registration policy. If this current version does not work, it will be re-visited this summer.

5. PUBLIC DISCUSSION

There were no guests.

6. ADJOURNMENT

MOTION (5): Mr. Whritner moved to adjourn the April 10, 2017 Commission on Aging Regular Meeting at 6:05 p.m. Seconded by Ms. Caste. (5-0) Unanimous.

Respectfully submitted

Frances Gheri, Recording Secretary