

Commission on Aging Regular Meeting Minutes
May 9, 2016

Present: Joe Palazzo
B. B. Smith
Ilene Harris
Marge Caste
John Whritner
John E. Donnelly, III

FILED IN EAST LYME
CONNECTICUT
May 11 2016 AT 10:45 AM PM
Ilene Harris
EAST LYME TOWN CLERK

Absent: Joan Bengtson

Also Present: Cathy Wilson, Senior Services Coordinator

1. PRELIMINARY BUSINESS

Chairman Palazzo called the Commission on Aging Regular Meeting of May 9, 2016 to order at 5:00 p.m.

- a. Pledge of Allegiance. The Pledge of Allegiance was observed.
- b. Delegations. There were no guests.
- c. Approval of Meeting Minutes - April 11, 2016. Mr. Palazzo asked for additions, deletions or corrections to the Commission on Aging Regular Meeting Minutes of April 11, 2016.

MOTION: Ilene Harris moved to approve the April 11, 2016 Commission on Aging Regular Meeting Minutes, as presented. Seconded by John Whritner. Mr. Donnelly abstained from voting. (5-0-1) Motion carried.

- d. Correspondence. There was no correspondence.

2. STATUS REPORT

a. Transportation. Ms. Wilson reported her part-time driver has returned but is unable to drive, because he hurt his back and is on medication. Her on-call drivers are covering for him.

The vehicles will be going in for quarterly checks. They are running well.

Because of the increase in transportation, Mr. Whritner asked if it would be advantageous to cut back on trips starting in June? Ms. Wilson felt we will need to look at our total programming.

Ms. Harris felt the Town has a very large older population.

Ms. Caste suggested limiting luncheons to only restaurants in Town, because when the driver goes out of town he has to remain with those traveling with him.

b. Senior Trips.

(1) Enrichment Trips. The following enrichment trips are planned: June 8 for lunch at the Back Porch in Old Saybrook, CT, and a stroll around downtown Saybrook Point. The trip fee is \$3. June 22 to Abby's Place in Essex, CT, with a stroll around Essex. The trip fee is \$3.

(2) Day/Overnight Trips. The following Day trips have been planned: June 7 to the Boston Museum of Science. Ticket price includes admission to IMAX Theater Show. Lunch is not included. Trip fee is \$63 pp. June 24 to the Newport Flower Show at the Rosecliff Mansion in Newport, RI. Lunch on your own in the Wharf area. Trip fee is \$44 pp. July 12 River Rose Cruise for a two hour narrated tour in the Newburgh, NY area. Lunch is included at the River Grill. Trip fee is \$100 pp. July 26 a day trip to Long Island with a tour of Raphael Vineyard and Winery. Time afterward in Greenport. Lunch not included. Trip fee is \$88. August 7 to see New York City from a new perspective - the New York Harbor on a two hour cruise on one of the Hornblower's vessels and enjoy a Sunday Buffett Brunch with jazz music and a DJ for dancing. Trip fee is \$94 pp. August 21 for a trip to Stageloft Theatre in Sturbridge, MA to see "Wrong Window!" with lunch at Salem Cross Inn before the show. Trip fee is \$73pp. September 14 for a guided tour of the Revolutionary Days points of interest in the Boston area. Lunch is included for a trip fee of \$88. September 24 to celebrate the 100th anniversary of the Big E in Springfield, MA. Lunch is not included. Trip fee to be determined.

The following Overnight trips have been planned: October 9-11, 2016 to "Samson" at the Sight & Sound Millennium Theater in Lancaster, PA for a two night stay at the Double Tree by Hilton Hotel. Free time at Longwoods Garden and Philadelphia included. \$467pp double; \$429 pp triple and \$557pp single; December 2-4, 2016 for a trip to Niagara Falls Festival of Lights Tour in Niagara Falls, Canada. 3 days and 2 nights. \$495 pp double, \$465 triple and \$625 single. February 7-17, 2017 for a No Fly Caribbean Cruise leaving out of New York City, 11 days, 10 nights on the Norwegian Gem. Trip fees range from \$1259 to \$1809 (taxes included).

c. Programs.

(1) Senior Nutrition Program. Ms. Wilson reported because of budget cuts, TVCCA has decided to make the following changes. In the Windham area, lunch only will be provided Monday through Sunday. In the Southeast Region, lunch only will be provided Monday through Friday. In the Northeast Region, lunch and suppers only will be provided Monday through Friday. In all three regions, no holiday meals will be

served on Memorial Day, July 4 and Labor Day. Clients can choose to have supper and/or weekend meals delivered but they must pay in advance.

(2) Senior Center Programs-Ongoing. Ms. Wilson informed the Commission programs are doing fine.

(3) Senior Center Programs – New. Ms. Wilson reported new programs are doing well.

d. Budget - General Fund, Revolving Account. Ms. Wilson reported the budget is doing o.k.

e. Revenues - General Fund, Revolving Account. Ms. Wilson reported our revenues are doing very well.

3. OLD BUSINESS

a. Budget Request for Fiscal Year 2016-2017. Ms. Wilson stated our budget request for fiscal year 2016-2017 to date remains as submitted.

b. Parahus Account -- Putting a Portion into interest bearing CDs. Ms. Wilson informed the Commission that if we put \$75,000 in a CD at Dime Bank for 20 months we will receive an interest rate of 1.3%, and if we put the same amount in a CD at Dime for 17 months we will receive a rate of 1.2%. She checked with Webster Bank, and the interest rate was lower.

MOTION: Mr. Whritner moved to put \$75,000 in a CD at Dime Bank for 17 months at an interest rate of 1.2%. Seconded by Ms. Harris. (6-0)
Unanimous.

c. Grant for Elderly & Disabled Demand Responsive Transportation. Ms. Wilson reported the Town of Salem has asked to be included in Dial-a-Ride and DOT has accepted them. The amount requested from DOT by all of the twelve towns is \$301,693.

d. Expenditures from the Parahus Account. Ms. Wilson informed the Commission she has been looking at a Smart TV and will have discussions with Bill Sheer seeking his input on equipment. She would like a webcam, lap top and TV.

e. Other Pertinent Business. Ms. Caste asked for an update on purchasing kitchen equipment. Ms. Wilson replied she is interested in a stove and disposing of the steam table.

4. NEW BUSINESS

a. Introduction of New Board Member. Mr. Donnelly was welcomed and introduced to everyone.

b. Federal Transit Administration Section 5310 Program Grant. The application has been submitted to DOT.

c. Parahus Account -- Putting a Portion into the Endowment Arm of the Community Foundation of Eastern, CT. Commission members felt they preferred putting a portion of the Parahus Account into a CD, because the money is readily available.

d. Other Pertinent Business. Ms. Smith suggested a fundraiser using the Boardwalk together with Parks and Recreation. Ms. Wilson agreed to check with Dave Putnam. The following events were suggested: Purchasing buttons for First Night; discount tickets from local restaurants; an event on Labor Day Weekend or for May Day.

Mr. Donnelly asked if the seniors have had intergenerational activities. Ms. Wilson informed him students have helped with dinners and technical support.

5. PUBLIC DISCUSSION

There was no public for discussion.

6. ADJOURNMENT

MOTION: Mr. Whritner moved to adjourn the May 9, 2016
Commission on Aging Meeting at 5:45 p.m.
Seconded by Ms. Harris. (6-0) Unanimous.

Respectfully submitted

Frances Gheri, Recording Secretary