

Commission on Aging Regular Meeting Minutes
June 13, 2016

Present: Joan Bengtson
Ilene Harris
Marge Caste

Absent: Joe Palazzo
B. B. Smith
John Whritner
John E. Donnelly, III

FILED

June 15 2016 AT 2:05 AM/PM
Karen Galko, ATC
EAST LYME TOWN CLERK

Also Present: Cathy Wilson, Senior Services Coordinator
Rose Ann Hardy, Ex officio

1. PRELIMINARY BUSINESS

The Commission on Aging Regular Meeting of June 13, 2016 was called to order at 5:00 p.m. No votes were taken because of a lack of quorum.

- a. Pledge of Allegiance. The Pledge of Allegiance was observed.
- b. Delegations. There were no guests.
- c. Approval of Meeting Minutes - May 9, 2016. The May 9, 2016 Regular Meeting Minutes were tabled.
- d. Correspondence. There was no correspondence.

2. STATUS REPORT

a. Transportation. Ms. Wilson reported her part-time driver remains on medical leave. Her on-call drivers are covering for him. Transportation is very busy.

The vehicles will be going in for quarterly checks. Registration renewals for all the vehicles have been received. All vehicles will have to go through a safety inspection and R-1 will have to go through an emissions test as well. These are all due by August 31. R-2 went in on June 1, 2016, and it was determined that the dip stick broke off in the engine. It has been off the road since then. The remaining vehicles will cycle through their quarterly check.

b. Senior Trips.

(1) Enrichment Trips. The following enrichment trips are planned: June 22 to Abby's Place in Essex, CT, with a stroll around Essex. The trip fee is \$3.

(2) Day/Overnight Trips. The following Day trips have been planned: June 24 to the Newport Flower Show at the Rosecliff Mansion in Newport, RI. Lunch on your own in the Wharf area. Trip fee is \$44 pp. July 12 River Rose Cruise for a two hour narrated tour in the Newburgh, NY area. Lunch is included at the River Grill. Trip fee is \$100 pp. July 26 a day trip to Long Island with a tour of Raphael Vineyard and Winery. Time afterward in Greenport. Lunch not included. Trip fee is \$88. August 7 to see New York City from a new perspective - the New York Harbor on a two hour cruise on one of the Hornblower's vessels and enjoy a Sunday Buffett Brunch with jazz music and a DJ for dancing. Trip fee is \$94 pp. August 21 for a trip to Stageloft Theatre in Sturbridge, MA to see "Wrong Window!" with lunch at Salem Cross Inn before the show. Trip fee is \$73pp. September 14 for a guided tour of the Revolutionary Days points of interest in the Boston area. Lunch is included for a trip fee of \$88. September 24 to celebrate the 100th anniversary of the Big E in Springfield, MA. Lunch is not included. Trip fee to be determined.

The following Overnight trips have been planned: October 9-11, 2016 to "Samson" at the Sight & Sound Millennium Theater in Lancaster, PA for a two night stay at the Double Tree by Hilton Hotel. Free time at Longwoods Garden and Philadelphia included. \$467pp double; \$429 pp triple and \$557pp single; December 2-4, 2016 for a trip to Niagara Falls Festival of Lights Tour in Niagara Falls, Canada. 3 days and 2 nights. \$495 pp double, \$465 triple and \$625 single. February 7-17, 2017 for a No Fly Caribbean Cruise leaving out of New York City, 11 days, 10 nights on the Norwegian Gem. Trip fees range from \$1259 to \$1809 (taxes included).

c. Programs.

(1) Senior Nutrition Program. Ms. Wilson reported the Café luncheon had 15 people on Friday. The Meals-on-Wheels numbers are declining. She felt they may be declining, because meals may be being prepared through home care services.

(2) Senior Center Programs-Ongoing. Ms. Wilson informed the Commission programs are doing well.

(3) Senior Center Programs – New. Ms. Wilson reported on June 3 and 4 the East Lyme Players presented the female version of the Odd Couple. Approximately 160 people attended. She met with the Director who expressed interest in having a performance the first week of December on Saturday night and a Sunday matinee. The East Lyme Players received \$5500 from sponsors. This money was used towards the rental of a stage and sound equipment. They are determining whether or not it is a good idea to purchase the equipment.

d. Budget - General Fund, Revolving Account. Ms. Wilson reported the budget is doing o.k.

e. Revenues - General Fund, Revolving Account. Ms. Wilson reported our revenues year to date are higher than anticipated.

3. OLD BUSINESS

a. Budget Request for Fiscal Year 2016-2017. Ms. Wilson stated our budget request for fiscal year 2016-2017 to date remains as submitted.

b. Parahus Account -- Putting a Portion into interest bearing CDs. Ms. Wilson informed the Commission \$75,000 was deposited in a CD at Dime Bank at an interest rate of 1.2%. The CD will mature in October 2017. There remains in the Parahus Account approximately \$32,000.

c. Grant for Elderly & Disabled Demand Responsive Transportation. Ms. Wilson reported the Town of Salem has asked to be included in Dial-a-Ride and DOT has accepted them. The amount received from DOT by all of the twelve towns is \$301,693. The annual enrollment fee of \$24 will continue. Renewal applications will be sent out. Each individual is allowed 36 one way rides. Ms. Harris asked what is the age limit for disabled riders. Ms. Wilson replied 18.

d. Expenditures from the Parahus Account. This matter will be discussed at the July meeting.

e. Other Pertinent Business. Ms. Caste asked if there is interest in having a fundraiser? She is concerned that if fundraising needs to happen that there is enough planning time to get something started. Ms. Wilson responded that she needs to meet with the First Selectman and the Finance Director to determine what amount of money may need to be raised before any definitive plans can be made.

4. NEW BUSINESS

a. Person-Center Counseling Training Program. Ms. Wilson reported there will be a Person Centered Counseling Training Program offered to individuals in the community. She has been chosen to participate in it. It is in response to the "No Wrong Door" philosophy the Department of Social Services is promoting to help citizens access needed services. This is an on-line training plus a one day in July.

b. Other Pertinent Business. Ms. Wilson received a call from Crossings East/West inviting seniors to a free senior breakfast at 9 a.m. on July 27 with discussion from a Physical Therapist. AHEPHA residents expressed interest in attending. Transportation is being requested. She is not sure that this request will be fulfilled. Transportation has been very busy.

5. PUBLIC DISCUSSION

There was no public for discussion.

6. ADJOURNMENT

MOTION: Ms. Bengtson moved to adjourn the June 13, 2016
Commission on Aging Meeting at 5:50 p.m.
Seconded by Ms. Caste. (3-0) Unanimous.

Respectfully submitted

Frances Gheri, Recording Secretary