

Commission on Aging Regular Meeting Minutes
November 9, 2015

Present: Philip Mountain
Joe Palazzo
B. B. Smith
Ilene Harris
John Whritner
Joan Bengtson
Marge Caste

FILED IN EAST LYME
CONNECTICUT
Nov 12 2015 AT 12:45 AM (PM)
Sully ATC
EAST LYME TOWN CLERK

Also Present: Cathy Wilson, Senior Services Coordinator
Rose Ann Hardy, ex officio

1. PRELIMINARY BUSINESS

The Commission on Aging Regular Meeting of November 9, 2015 was called to order at 5:00 p.m.

- a. Pledge of Allegiance. The Pledge of Allegiance was observed.
- b. Delegations. There were no delegations.
- c. Approval of Meeting Minutes - October 13, 2015. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Regular Meeting Minutes of October 13, 2015.

MOTION: Ilene Harris moved to approve the October 13, 2015 Commission on Aging Regular Meeting Minutes, as presented. Seconded by Joe Palazzo. Ms. Caste and Ms. Bengtson abstained from voting (5-0-2). Motion carried.

- d. Correspondence. The Commission reviewed three incident reports.

2. STATUS REPORT

- a. Transportation. Ms. Wilson reported we now own the vehicle purchased through the 5310 grant.

One of her drivers has medical issues. Her two on-call drivers are helping with transportation. Ms. Wilson reported Senior Services is very busy with medical appointments in Town and at lunch time. Tuesdays and Fridays are very busy. Senior Services is asking for two days advanced notice for transportation.

- b. Senior Trips.

(1) Enrichment Trips. The following enrichment trips are planned: December 9 for lunch at Westbrook Lobster in Clinton, CT. Afterwards, we will go to the Old Saybrook Shopping Mall for a little holiday shopping. Trip fee is \$3. On December 23 for lunch at Filomena's in Waterford, CT. Afterwards we go to the \$5 and Below shopping area in Waterford. The trip fee is \$3.

(2) Day/Overnight Trips. The following Day/Overnight trips have been planned: December 2 for a trip to Radio City Music Hall for their Christmas Spectacular WAIT LIST ONLY. Lunch is included for a fee of \$145pp. On December 2 a second bus has been reserved for Radio City Music Hall and their Christmas Spectacular WAIT LIST ONLY. Lunch is included for a trip fee of \$156pp.

January 28-February 7, 2016 for a fully escorted 11 day-7 shore excursions Hawaiian Cruise included in the price starting at \$4,449pp.

The following three additional cruises are planned: an Alaskan Cruise on June 6-19, 2016, aboard the Holland American "Zaandam" starting at \$4,434 per person with port and government taxes included; August 27-September 13, 2016 for a Trans-Atlantic Cruise for 18 days with flight and motor coach included aboard the Royal Caribbean "Serenade of the Seas" starting at \$3136 pp with port and government taxes included.; October 30-November 11, 2016 for an escorted Caribbean Cruise aboard the Royal Caribbean "Serenade of the Seas": Fly out of Boston and return from Fort Lauderdale for 12 nights starting at \$2,027 with port and government taxes included.

c. Programs.

(1) Senior Nutrition Program. Erica Ortiz, Site Manager for TVCCA, has been hired. Ms. Wilson will ask her if she is willing to work until 1 p.m. for the Town. She works for TVCCA from 9 a.m. to 12:30 p.m. Mr. Palazzo felt she is doing a good job.

(2) Senior Center Programs-Ongoing. Ms. Wilson has spoken to participants and instructors regarding increasing fees. In January classes that are not well attended may be eliminated.

(3) Senior Center Programs – New. Guitar lessons have been well received.

The Senior Center is now offering Bunko. We are working on an intergenerational Book Club with Lillie B. Haynes.

d. Budget - General Fund, Revolving Account. Ms. Wilson reported she will discuss with Mark Nickerson, First Selectman, programs, additional hours for drivers, as well as additional hours paid by the Town for the Site Server.

e. Revenues - General Fund, Revolving Account. Ms. Wilson reported revenues are doing well in the General Fund and Revolving Account.

3. OLD BUSINESS

a. Will Bequest - Ideas. Ms. Wilson has looked at the Boardwalk benches and obtained a catalogue showing different benches from Parks and Recreation. She is looking for information on foyer furniture. We have also had discussion with Signcraft about an electronic board. Senior Services needs a new stove. Ms. Caste asked about a Bocce Court. Ms. Wilson agreed to get information on it. Mr. Palazzo suggested two permanent handicapped ramps. Ms. Wilson stated she has them on her list.

b. Senior Center Regional Blog. Ms. Wilson showed Commission members the Senior Center Regional Blog. Nine towns are putting information on it. Each town has its own section. Ads may be sold and revenue received. She suggested going to www.seniorcenterct.org for more information.

There was discussion on state colleges offering courses to individuals over sixty.

c. Budget Preparations for Fiscal Year 2016-2017. Ms. Wilson reported she will be requesting additional hours in her non-union hourly wages account for her on-call bus drivers. The budget will be discussed further at the December Commission on Aging Meeting.

d. Veterans' Discount. Ms. Wilson reported the Town has 1200 residents listed as veterans. She would like to know how many are over 60 years of age. Ms. Bengtson reported most veterans carry a card. She suggested a 10% discount on meals, and that it be advertised on the Senior Center Regional Blog. Ms. Wilson stated this can only be for Senior Center meals because TVCCA determines its price.

MOTION: John Whritner moved to offer veterans over 60 a 10% discount on Senior Center meals. Seconded by Joe Palazzo. (7-0) Unanimous.

e. Other Pertinent Business. Ms. Harris asked how many individuals got their flu shots at the Senior Center? Ms. Wilson replied ninety.

4. NEW BUSINESS

a. Recognition of Will Bequest. Ms. Wilson was thinking of ways to recognize the gentleman who made a bequest to the Senior Center in his Will. She felt it could be in the newsletter, Parks and Recreation brochure, Lyme Times and the First Selectman's TV show. There could be a plaque on items we purchase with the funds. Ms. Harris suggested inviting Paul Formica to come.

Ms. Bengtson reported the Niantic Fire Department would like to put on a demonstration on how to put out a stove fire.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

MOTION: Irene Harris moved to adjourn the November 9, 2015 Commission on Aging Regular Meeting at 5:55 p.m. Seconded by Marge Caste. (7-0) Unanimous.

Respectfully submitted

Frances Gheri, Recording Secretary