

Commission on Aging Regular Meeting Minutes
December 14, 2015

Present: Philip Mountain
B. B. Smith
Ilene Harris
John Whritner
Joan Bengtson
Marge Caste

Absent: Joe Palazzo

Also Present: Cathy Wilson, Senior Services Coordinator
Rose Ann Hardy, Ex officio
Chris Mountain

FILED IN EAST LYME
CONNECTICUT
Dec 17 2015 AT 10:30 AM PM
Lesly A. Blais
EAST LYME TOWN CLERK

1. PRELIMINARY BUSINESS

The Commission on Aging Regular Meeting of December 14, 2015 was called to order at 5:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. Delegations. There were no delegations.

c. Approval of Meeting Minutes - November 9, 2015. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Regular Meeting Minutes of November 9, 2015.

MOTION: Ilene Harris moved to approve the November 9, 2015 Commission on Aging Regular Meeting Minutes, as presented. Seconded by Marge Caste. (5-0)
Unanimous.

d. Correspondence. No correspondence was received.

2. STATUS REPORT

a. Transportation. Ms. Wilson reported our vehicles were sent for quarterly review. One bus is at the Town Garage and will need to go to Dawley's for repair.

She informed the Commission that transportation continues to be very busy. There are days that the driver is unable to return to the Senior Center by 4 p.m. Medical appointments are also very busy. Ms. Harris asked whether or not Dial-a-Ride is being used? Ms. Wilson replied we try to use it for out of town appointments only.

b. Senior Trips.

(1) Enrichment Trips. The following enrichment trips are planned: January 13 for lunch at Mystic Diner in Mystic. The trip fee is \$3; January 27 for lunch at the Old Lyme Inn in Old Lyme. The trip fee is \$3.

(2) Day/Overnight Trips. The following Day/Overnight trips have been planned: April 7 with the Lyme Senior Center for a trip to Mohegan Sun. Participants will receive a casino package. The trip fee is \$20; April 30 to New York City on your own. The trip fee is \$48. October 9-11, 2016 to "Samson" at the Sight & Sound Millennium Theatre in Lancaster, PA for a two night stay at the Double Tree by Hilton Hotel, with free time at Longwood Gardens and Philadelphia included. The cost is \$467 for a double, \$429 for triple and \$557 for a single.

January 28-February 7, 2016 for a fully escorted 11 day-7 shore excursions Hawaiian Cruise included in the price starting at \$4,449pp.

The following three additional cruises are planned: an Alaskan Cruise on June 6-19, 2016, aboard the Holland American "Zaandam" starting at \$4,434 per person with port and government taxes included; August 27-September 13, 2016 for a Trans-Atlantic Cruise for 18 days with flight and motor coach included aboard the Royal Caribbean "Serenade of the Seas" starting at \$3136 pp with port and government taxes included. October 30-November 11, 2016 for an escorted Caribbean Cruise aboard the Royal Caribbean "Serenade of the Seas". Fly out of Boston and return from Fort Lauderdale for 12 nights starting at \$2,027 with port and government taxes included.

c. Programs.

(1) Senior Nutrition Program. Ms. Wilson reported we no longer have a Site Server. Tim Grills who is Director of the Senior Program will be leaving.

Ms. Hardy asked how is attendance at the meals site? Ms. Wilson replied it is growing. We now have eight people a day. Ms. Hardy asked do you lose people who are going to Florida? Ms. Wilson replied we do not.

(2) Senior Center Programs-Ongoing. Ms. Wilson reported ongoing programs are doing well. We lose some participants who go south during the winter months. Between Christmas and New Year we do not run programs.

(3) Senior Center Programs – New. Kristen Caramanica has been very busy. She has developed an intergenerational Book Club with third graders at Lillie B. Haynes. and it has been well received. Ms. Caramancia also does health and wellness every month.

d. Budget - General Fund, Revolving Account. Ms. Wilson reported all is going well, except for the Program Instructors Line Item. She is reviewing programs that are not doing well and plans to eliminate them. Trips are doing fine.

The Drama Club wants to work on more shows.

She will meet with First Selectman Mark Nickerson to discuss the budget.

e. Revenues - General Fund, Revolving Account. Ms. Wilson reported revenues and the revolving account are doing well.

3. OLD BUSINESS

a. Senior Center Regional Blog. Ms. Wilson reported the blog will launch on January 1. Ads may be sold and revenue received. She recommended that the Commission to go to www.seniorcenterct.org for more information.

b. Budget Preparations for Fiscal Year 2016-2017. The Commission reviewed the proposed budget request for fiscal year 2016-2017. She is requesting a 5.7% increase for overtime for the full time bus driver. The Longevity and Recording Secretary accounts have been reduced. The Program Instructor line item will remain the same. Three departments will use Rec Trac. We are requesting transportation software that will locate where transportation is needed and allow us to know what type of vehicle is needed. We no longer will have cable TV. We would like to move program services, bridge lessons and entertainment into the revolving account. Our vehicles need to be inspected every year. DMV charges \$300 for three vehicles.

Commission member John Whritner arrived.

In the Special Revenue Fund we are requesting \$13,500 for programs that will pay for themselves.

We anticipate revenues of \$78,500 for 2016-2017.

We have been asked to show a budget with a 0% increase, which she will work on.

Ilene Harris felt in order for the Senior Center to run appropriately she recommended that the Commission on Aging approve \$264,770, and she did not recommend a zero increase. B. B. Smith concurred with this analysis, because the senior population in East Lyme is growing.

MOTION: B. B. Smith moved to approve the Commission on Aging General Fund budget request for 2016-2017 in the amount of \$264,770. Seconded by Joan Bengtson. (6-0) Unanimous.

MOTION: John Whritner moved to approve the Special Revenue Fund Revolving Account in the amount of \$58,500. Seconded by Joan Bengtson. (6-0) Unanimous.

c. Other Pertinent Business. Ms. Wilson asked the Commission if they felt all veterans should be offered a 10% discount on Senior Center meals rather than only those over 60 years old? There was a general consensus that a 10% discount on Senior Center meals should be offered to all veterans.

4. NEW BUSINESS

a. 2016 Meeting Schedule. The Commission reviewed the proposed schedule of meeting dates for 2016.

MOTION: John Whritner moved to accept the 2016 Commission on Aging meeting schedule as presented. Seconded by Ilene Harris. (6-0) Unanimous.

b. Web Trac Live in 2016. Ms. Wilson informed the Commission with Web Trac individuals can register for a program on line.

c. Annual Report. The Commission reviewed the Annual Report.

MOTION: Ilene Harris moved to approve the Annual Report, as presented. Seconded by Marge Caste. (6-0) Unanimous.

d. Other Pertinent Business. There was no other pertinent business discussed.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

MOTION: Joan Bengtson moved to adjourn the December 14, 2015 Commission on Aging Regular Meeting at 6:10 p.m. Seconded by John Whritner. (6-0) Unanimous.

Respectfully submitted

Frances Gheri, Recording Secretary