

Commission on Aging Regular Meeting Minutes  
March 10, 2014

Present: Philip Mountain  
John Whritner  
Joe Palazzo  
B. B. Smith

Absent: Joan Bengtson  
Ilene Harris  
Marge Caste

FILED IN EAST LYME  
CONNECTICUT  
March 20 14 AT 10:55 AM/PM  
Kathleen Gulbsun  
EAST LYME TOWN CLERK

Also Present: Cathy Wilson, Senior Services Coordinator

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of March 10, 2014 to order at 5:10 p.m.

- a. Pledge of Allegiance. The Pledge of Allegiance was observed.
- b. Delegations. There were no delegations.
- c. Approval of Meeting Minutes – January 13, 2014. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Meeting Minutes of January 13, 2014. This matter was delayed until a quorum is established.
- d. Correspondence. There was no correspondence.

2. STATUS REPORT

a. Transportation. Ms. Wilson informed the Commission all vehicles are running smoothly. Her part-time driver is leaving for vacation this month and she will arrange for coverage for him.

She will do preliminary research on transportation software to help in the preparation of monthly statistics.

b. Senior Trips.

Mr. Palazzo arrived.

MOTION: B. B. Smith moved to accept the January, 13, 2013 Commission on Aging Minutes, as presented. Seconded by John Whritner.  
(4-0) Unanimous.

MOTION: John Whritner moved to add to this evening's Agenda under New Business, h. Smith-Harris House Commission Request and i. Incident Report. Seconded by B. B. Smith. (4-0) Unanimous.

(1) The following Enrichment Trips are planned: To the Olive Garden at the end of March; to Stu Leonards on April 9 for a fee of \$4; to Ella Grasso Tech on April 23 for a fee of \$3.

(2) Day/Overnight Trips. The following day trips are planned: On April 10, 2014 to the Doris Duke Estate for a cost of \$85 pp; free time in New York City on April 26, 2014 for a cost of \$46 pp; to Mohegan Sun on April 24 sponsored by the Lyme Senior Center for a cost of \$20; to Intrepid Sea, Air and Space Museum on May 22 for a cost of \$73 pp; on June 10, 2014 to the Ayer Mansion and the Church of the Covenant in Boston, Massachusetts for a cost of \$72; on June 27, 2014 to Rosecliff Mansion and the Newport Flower Show for a cost of \$66 pp.

The following overnight trip is planned: September 30 to October 13, 2014 for a 14 day Celebrity Infinity Wine Cruise to London, France, Spain and Portugal for a cost of \$3,979-\$4,889.

MOTION: Mr. Palazzo moved to approve the Celebrity Infinity Wine Cruise. Seconded by John Whritner. (4-0) Unanimous.

c. Programs.

(1) Senior Nutrition Program. Ms. Wilson one of our volunteer drivers has relocated. Fourteen people regularly take advantage of the Senior Nutrition Program. Ms. Smith suggested offering a program ending just before lunch is served and maybe they will take advantage of the lunch.

(2) Senior Center Programs-Ongoing. Ms. Wilson reported she will discuss attendance with the instructors.

(3) Senior Center Programs – New. Ping pong began in January and is doing well. There are from six to twelve participating in ping pong.

In April Jeffrey McNamara, Esq. will speak on Health Care Decisions.

May 3, 2014 is Shred Day.

d. Budget - General Fund, Revolving Account. Ms. Wilson reported program supplies is trending a little high. The Bistro Program began in November 2012. If Ms.

Wilson orders 12 meals and only 10 take advantage of it, it comes out of the program supplies line item.

Line Dancing and PIYO instructors salaries are taken out of the Payroll Account.

e. Revenues - General Fund, Revolving Account. Ms. Wilson stated revenues were lower in January and February.

### 3. OLD BUSINESS

a. Budget for FY 14/15. Ms. Wilson reported she will meet with Board of Finance on March 17 at 6:30 p.m.

b. Other Pertinent Business. There was no discussion of other pertinent business.

### 4. NEW BUSINESS

a. Expansion of the Senior Center. Ms. Wilson has had discussion with First Selectman Paul Formica and David Putnam, Director of Parks and Recreation, about expansion of the Senior Center. Mr. Whritner felt each department head at the Community Center needs to be included in discussions on the expansion of the Community Center. Ms. Smith suggested determining how much space is available for expansion.

b. Disbursement from the Parahus Account. Ms. Wilson was informed the cost of an architectural study on expansion will need to be taken from the Parahus Account. Ms. Wilson will get an estimate on the cost of an architectural study.

Ms. Wilson reported she received a donation of \$279 for a ping pong table for the Senior Center. The actual cost was \$372.72. She asked for reimbursement of \$93.17.

MOTION: Mr. Palazzo move to reimburse Cathy Wilson \$93.17 for the extra expense for the ping pong table for the Senior Center. Seconded by B. B. Smith. (4-0) Unanimous).

c. Update on the Energy Assistance Program. East Lyme had 374 applications of which Ms. Wilson submitted 170. East Lyme received \$173,856.08 towards energy assistance.

d. Municipal Grant for Medical Transportation. Ms. Wilson reported East Lyme and eight other towns will submit an application for DIAL-a-ride medical transportation. We are also looking to bring in other towns. There is no cost for the rides but the number of rides are limited. The application is due on April 3.

e. 5310 Grant from DOT. Ms. Wilson informed the Commission we have purchased one vehicle with this grant and would like to submit another grant application in the future. They have expanded the program.

f. Bistro Program. The Bistro Program began in November of 2012. To date we have a \$180 deficit in this program. Ms. Wilson would like to move it out of the Supplies Account and place it in the Revolving Account.

g. Mayors for Meals. Mr. Formica has agreed to deliver Meals on Wheels to the homebound.

Ms. Wilson reported we had a recent inspection of our kitchen and received a good score. Our new Meal Site Server will be QFO trained.

h. Smith Harris Request. Ms. Wilson reported Gary Lakowsky has asked to use a Senior vehicle on June 14 from 10 a.m. to 3 p.m. for individuals to visit each of the three historical homes in East Lyme. They are willing to cover all costs.

i. Incident Report. The Commission reviewed an incident report.

j. Other Pertinent Business. TVCCA will have its annual fundraiser at the Port n Starboard on April 12, 2014.

## 5. PUBLIC DISCUSSION

There was no public discussion.

## 6. ADJOURNMENT

MOTION: Mr. Palazzo moved to adjourn the March 10, 2014 Commission on Aging Regular Meeting at 6:00 p.m. Seconded by Mr. Whritner. (4-0) Unanimous.

Respectfully submitted



Frances Gheri, Recording Secretary