

Commission on Aging Regular Meeting Minutes
June 9, 2014

Present: Philip Mountain
John Whritner
Joe Palazzo
B. B. Smith
Marge Caste
Joan Bengtson

FILED IN EAST LYME
CONNECTICUT
June 10, 2014 AT 2:45 AM/PM
Leslye Blais
EAST LYME TOWN CLERK

Absent: Ilene Harris

Also Present: Cathy Wilson, Senior Services Coordinator
Rose Ann Hardy

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of June 9, 2014 to order at 5:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. Delegations. There were no delegations.

c. Approval of Meeting Minutes – April 14, 2014. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Meeting Minutes of April 14, 2014.

MOTION: John Whritner moved to approve the April 14, 2014 Commission on Aging Regular Meeting Minutes, as presented. Seconded by Mr. Palazzo. (6-0)
Unanimous

d. Correspondence. There was no correspondence.

2. STATUS REPORT

a. Transportation. Ms. Wilson reported two vehicles have been inspected and the third vehicle will be brought to Crest Ford next week.

She was approached with a request that the three historical houses in East Lyme be allowed to use the Senior Center bus this Saturday to shuttle people to each of the houses for Museum Day. They will be billed for gas and the driver's time.

Next week her full-time driver is on vacation. We have full-time and part-time drivers and on-call drivers. She would like to have another on-call driver.

We have received a grant for medical transportation to supplement what we offer for medical rides in Southeastern Connecticut.

b. Senior Trips.

(1) Enrichment Trips. The following Enrichment Trips were planned:

a. Wednesday, July 9 for a trip to Southeast Healthy Living Expo at Norwich Technical High School. Lunch on your own at Caddy Shack II located at the Norwich Municipal Golf Course. The trip fee is \$4.

b. Wednesday July 23 to the Historic CT Trolley Museum in East Windsor to enjoy a three-mile round trip ride aboard authentic trolley cars and enjoy the many exhibits. Lunch on your own at the Cracker Barrel. Admission fee is included in the \$12 trip fee.

(2) Day/Overnight Trips. The following Day/Overnight Trips were planned:

a. Thursday, July 10 to Block Island with a guided tour and free time at Old Harbor. Lunch is included at the National Hotel. Trip fee \$95 pp.

b. Sunday, July 27 for Dixieland Jazz Cruise on the Cape Cod Canal in Onset, MA. Lunch is included at Lindsey's Family Restaurant. Trip fee \$85 pp.

c. Tuesday, August 12 to the Metropolitan Museum of Art and to The Cloisters in NYC. Lunch on your own. Trip fee \$86 pp.

d. Sunday, September 23 to New York's Horticultural (High Line) Walk and New York Botanical Garden. Lunch on your own at Chelsea Market. Trip fee \$91 pp.

e. Thursday, October 9 for a production of "South Pacific" at the Westchester Broadway Theatre in Elmsford, NY. Lunch is included. Trip fee \$104 pp.

f. Wednesday October 22 for street festivities in Salem, MA for their annual Halloween celebration. Special tour of The House of Seven Gables, lunch at Finz Seafood & Grill, time to meander through the Street Festivities to enjoy the local vendors and entertainment. Trip fee \$88 pp.

Ms. Wilson informed the Commission November and December trips are being planned.

The Lyme Senior Center has been asked to join our Senior Center to fill up the bus.

c. Programs.

(1) Senior Nutrition Program. A Site Server has been hired. Ledge Light did an inspection and we did fine.

TVCCA called regarding a beef recall. We called everyone on Meals-on-Wheels to request that they dispose of meals with beef.

We need a Meals-on-Wheels driver on Mondays.

(2) Senior Center Programs-Ongoing. Ms. Wilson reported the ongoing programs are doing fine.

She has created two Chair Yoga classes on Monday and in July she will also have two classes on Friday.

(3) Senior Center Programs – New. Ms. Wilson was approached by an individual who would like to give Ukulele classes at the Senior Center. She contacted Waterford Senior Center about drumming lessons. She felt music lessons were very good for the mind. Ms. Smith felt that the Ukulele is becoming very popular.

A Meals-on-Wheels volunteer expressed interest in working on developing a Drama Club at the Senior Center.

Ms. Wilson informed the Commission that Diana Melville, who is now retired, is willing to help seniors with money issues.

d. Budget - General Fund, Revolving Account. Ms. Wilson felt a few transfers may be needed. Otherwise the General Fund budget is doing well. The Revolving Account is doing fine.

e. Revenues - General Fund, Revolving Account. Ms. Wilson stated revenues are \$2,000 over what was anticipated. The Revolving Account is doing fine.

3. OLD BUSINESS

a. Expansion of the Senior Center. The Engineering Department and Fire Marshal have looked at the area she would like expanded.

b. Budget for FY 14/15. Ms. Wilson reported the budget passed.

c. Final Count for Energy Assistance Program. Ms. Wilson informed the Commission she has worked on 177 Energy Assistance applications. TVCCA will prepare a town specific report.

d. Other Pertinent Business. Mr. Palazzo asked if the Lions have been contacted about donating a freezer to the Senior Center. Ms. Wilson replied the Lion's budget is prepared in August, and she has submitted a wish list to them.

4. NEW BUSINESS

a. Who is Eligible for the Transportation Services. Ms. Wilson distributed information on transportation services from the Senior Center. She invited any Commission member who would like to see the inside of the bus in order to determine how many bags each person may have on the bus. Consideration will be given to providing three reusable bags for each rider.

Ms. Hardy asked if individuals riding on Monday with doctor's appointments are given priority? She replied they are. She asked how many seniors have no one else to rely on? Ms. Wilson replied some have no one else to rely on and some don't want to bother anyone. Ms. Hardy felt some of this is a life line.

Ms. Hardy felt considering the older population is growing she asked that a Thursday morning run be considered. She also felt our busses have big steps and without bags are difficult to use.

Ms. Wilson reported a senior who used transportation here passed away and her family will ask that donations be made to the Senior Center in her memory.

The Commission was asked to review the information on Senior Center Transportation and offer suggestions.

b. Renter Rebate Program. Ms. Wilson reported the Renter Rebate Program is for individuals with certain incomes and if they rent they can apply for a one time rebate. They need to provide their income and living expenses. Last year they closed the program to new people. This year they are asking us to prepare all applications.

c. Potential Fundraisers. Ms. Wilson is considering a Run in May to benefit the Senior Center.

d. Expenditures from the Parahus Account. Ms. Wilson reported we celebrate the 90 Tea, and it went very well. Flanders Fish provided clam chowder and fritters. Signcraft charged \$200 for the photo collage, and she asked that this sum be taken out of the Parahus Account.

MOTION: John Whritner moved to pay the Signcraft bill in the amount of \$200 for the photo collage to be taken from the Parahus Account.
Seconded by Joe Palazzo. (6-0) Unanimous.

e. Other Pertinent Business. There was no other pertinent business discussed.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

MOTION: B. B. Smith moved to adjourn the June 9,
2014 Commission on Aging Regular Meeting at
6:05 p.m. Seconded by Marge Caste. (6-0)
Unanimous.

Respectfully submitted

A handwritten signature in cursive script, appearing to read "Frances Gheri".

Frances Gheri, Recording Secretary